

ASYMPTOTIC VARIANCE OF THE BEURLING TRANSFORM

KARI ASTALA, OLEG IVRII, ANTTI PERÄLÄ, AND ISTVÁN PRAUSE

ABSTRACT. We study the interplay between infinitesimal deformations of conformal mappings, quasiconformal distortion estimates and integral means spectra. By the work of McMullen, the second derivative of the Hausdorff dimension of the boundary of the image domain is naturally related to asymptotic variance of the Beurling transform. In view of a theorem of Smirnov which states that the dimension of a k -quasicircle is at most $1 + k^2$, it is natural to expect that the maximum asymptotic variance $\Sigma^2 = 1$. In this paper, we prove $0.87913 \leq \Sigma^2 \leq 1$.

For the lower bound, we give examples of polynomial Julia sets which are k -quasicircles with dimensions $1 + 0.87913 k^2$ for k small, thereby showing that $\Sigma^2 \geq 0.87913$. The key ingredient in this construction is a good estimate for the distortion k , which is better than the one given by a straightforward use of the λ -lemma in the appropriate parameter space. Finally, we develop a new fractal approximation scheme for evaluating Σ^2 in terms of nearly circular polynomial Julia sets.

1. INTRODUCTION

In his work on the Weil-Petersson metric [27], McMullen considered certain holomorphic families of conformal maps

$$\varphi_t: \mathbb{D}^* \rightarrow \mathbb{C}, \quad \varphi_0(z) = z, \quad \text{where } \mathbb{D}^* = \{z : |z| > 1\},$$

that naturally arise in complex dynamics and Teichmüller theory. For these special families, he used thermodynamic formalism to relate a number of different dynamical features. For instance, he showed that the infinitesimal growth of the Hausdorff dimension of the Jordan curves $\varphi_t(\mathbb{S}^1)$ is connected

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to the asymptotic variance of the first derivative of the vector field $v = \frac{d\varphi_t}{dt}\big|_{t=0}$ by the formula

$$2 \frac{d^2}{dt^2}\bigg|_{t=0} \text{H. dim } \varphi_t(\mathbb{S}^1) = \sigma^2(v'), \quad (1.1)$$

where the *asymptotic variance* of a Bloch function g in \mathbb{D}^* is given by

$$\sigma^2(g) = \frac{1}{2\pi} \limsup_{R \rightarrow 1^+} \frac{1}{|\log(R-1)|} \int_{|z|=R} |g(z)|^2 |dz|. \quad (1.2)$$

This terminology is justified by viewing g as a stochastic process

$$Y_s(\zeta) = g((1 - e^{-s})\zeta), \quad \zeta \in \mathbb{S}^1, \quad 0 \leq s < \infty,$$

with respect to the probability measure $|d\zeta|/2\pi$, in which case $\sigma^2(g) = \limsup_{s \rightarrow \infty} \frac{1}{s} \sigma_{Y_s}^2$. For further relevance of probability methods to the study of the boundary distortion of conformal maps, we refer the reader to [17, 21].

For arbitrary families of conformal maps, the identity (1.1) may not hold. For instance, Le and Zinsmeister [19] constructed a family $\{\varphi_t\}$ for which $\sigma^2(v')$ is zero, while $t \mapsto \text{M. dim } \varphi_t(\mathbb{S}^1)$ (with Hausdorff dimension replaced by Minkowski dimension) is equal to 1 for $t < 0$ but grows quadratically for $t > 0$.

Nevertheless, it is natural to enquire if McMullen's formula (1.1) holds on the level of universal bounds. As will be explained in detail in the subsequent sections, for general holomorphic families of conformal maps φ_t parametrised by a complex parameter $t \in \mathbb{D}$, one can combine the work of Smirnov [41] with the theory of holomorphic motions [23, 40] to show that

$$\text{H. dim } \varphi_t(\mathbb{S}^1) \leq 1 + \frac{(1 - \sqrt{1 - |t|^2})^2}{|t|^2} = 1 + \frac{|t|^2}{4} + \mathcal{O}(|t|^4), \quad t \in \mathbb{D}. \quad (1.3)$$

It is conjectured that the equality in (1.3) holds for some family, but this is still open. On the other hand, the derivative of the infinitesimal vector field $v = \frac{d\varphi_t}{dt}\big|_{t=0}$ can be represented in the form

$$v' = \mathcal{S}\mu$$

where $|\mu(z)| \leq \chi_{\mathbb{D}}$ and \mathcal{S} is the *Beurling transform*, the principal value integral

$$\mathcal{S}\mu(z) = -\frac{1}{\pi} \int_{\mathbb{C}} \frac{\mu(w)}{(z-w)^2} dm(w). \quad (1.4)$$

(Since the support of μ is contained in the unit disk, v' is a holomorphic function on the exterior unit disk.)

In this formalism, McMullen's identity describes the asymptotic variance $\sigma^2(\mathcal{S}\mu)$ for a “dynamical” Beltrami coefficient μ , which is invariant under a co-compact Fuchsian group or a Blaschke product.

In this paper, we study the quantity

$$\Sigma^2 := \sup\{\sigma^2(\mathcal{S}\mu) : |\mu| \leq \chi_{\mathbb{D}}\} \quad (1.5)$$

from several different perspectives. In addition to the problem of dimension distortion of quasicircles, Σ^2 is naturally related to questions on integral means of conformal maps, which we discuss later in the introduction. The first result in this work is an upper bound for Σ^2 :

Theorem 1.1. *Suppose μ is measurable in \mathbb{C} with $|\mu| \leq \chi_{\mathbb{D}}$. Then,*

$$\sigma^2(\mathcal{S}\mu) := \frac{1}{2\pi} \limsup_{R \rightarrow 1^+} \frac{1}{|\log(R-1)|} \int_0^{2\pi} |\mathcal{S}\mu(Re^{i\theta})|^2 d\theta \leq 1. \quad (1.6)$$

We give two different proofs for (1.6), one using holomorphic motions and quasiconformal geometry in Section 4, and another based on complex dynamics and fractal approximation in Section 6.

In view of McMullen's identity and the possible sharpness of Smirnov's dimension bounds, it is natural to expect that the bound (1.6) is optimal with $\Sigma^2 = 1$, and in the first version of this paper we formulated a conjecture to that extent. However, after having read our manuscript, Håkan Hedenmalm managed to show [12] that actually $\Sigma^2 < 1$.

For lower bounds on Σ^2 , we produce examples in Section 5 showing:

Theorem 1.2. *There exists a Beltrami coefficient $|\mu| \leq \chi_{\mathbb{D}}$ such that*

$$\sigma^2(\mathcal{S}\mu) > 0.87913.$$

In fact, our construction gives new bounds for the quasiconformal distortion of certain polynomial Julia sets:

Theorem 1.3. *Consider the polynomials $P_t(z) = z^d + tz$. For $|t| < 1$, the Julia set $\mathcal{J}(P_t)$ is a Jordan curve which can be expressed as the image of the unit circle by a k -quasiconformal map of \mathbb{C} , where*

$$k = \frac{d^{\frac{1}{d-1}}}{4} |t| + \mathcal{O}(|t|^2).$$

In particular, when $d = 20$ and $|t|$ is small, $k \approx 0.585 \cdot \frac{|t|}{2}$ and $\mathcal{J}(P_t)$ is a k -quasicircle with

$$\text{H. dim } \mathcal{J}(P_t) \approx 1 + 0.87913 \cdot k^2. \quad (1.7)$$

Note that the distortion estimates in Theorem 1.3 are strictly better (for $d \geq 3$) than those given by a straightforward use of the λ -lemma. For a detailed discussion, see Section 5. In terms of the dimension distortion of quasicircles, Theorem 1.3 improves upon all previously known examples. For instance, the holomorphic snowflake construction of [8] gives a k -quasicircle of dimension $\approx 1 + 0.69 k^2$.

In order to further explicate the relationship between asymptotic variance and dimension asymptotics, consider the function

$$D(k) = \sup\{\text{H. dim } \Gamma : \Gamma \text{ is a } k\text{-quasicircle}\}, \quad 0 \leq k < 1.$$

The fractal approximation principle of Section 6 roughly says that infinitesimally, it is sufficient to consider certain quasicircles, namely nearly circular polynomial Julia sets. As a consequence, we prove:

Theorem 1.4.

$$\Sigma^2 \leq \liminf_{k \rightarrow 0} \frac{D(k) - 1}{k^2}. \quad (1.8)$$

Together with Smirnov's bound [41],

$$D(k) \leq 1 + k^2, \quad (1.9)$$

Theorem 1.4 gives an alternative proof for Theorem 1.1. We note that the function $D(k)$ may be also characterised in terms of several other properties in place of Hausdorff dimension, see [3]. It would be interesting to know if the reverse inequality in Theorem 1.4 holds.

In Section 7, we study the fractal approximation question in the Fuchsian setting. One may expect that it may be possible to approximate Σ^2 using Beltrami coefficients invariant under co-compact Fuchsian groups. However, this turns out not to be the case. To this end, we show:

Theorem 1.5.

$$\Sigma_{\mathbb{F}}^2 := \sup_{\mu \in M_{\mathbb{F}}, |\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu) < 2/3.$$

Theorem 1.5 may be viewed as an upper bound for the quotient of the Weil-Petersson and Teichmüller metrics, over all Teichmüller spaces \mathcal{T}_g with $g \geq 2$. (To make the bound genus-independent, one needs to normalise the hyperbolic area of Riemann surfaces to be 1.) The proof follows from simple duality arguments and the fact that there is a definite defect in the Cauchy-Schwarz inequality.

Finally, we compare our problem with another method of embedding a conformal map f into a flow:

$$\log f'_t(z) = t \log f'(z), \quad t \in \mathbb{D}. \quad (1.10)$$

In this case, the derivative of the infinitesimal vector field at $t = 0$ is just the Bloch function $\log f'(z)$. However, even if f itself is univalent, the univalence of f_t is only guaranteed for $|t| \leq 1/4$, see [30]. One advantage of the notion (1.5) and holomorphic flows parametrised by Beltrami equations is that they do not suffer from this “univalency gap”.

In the case of domains bounded by regular fractals and the corresponding equivariant Riemann mappings $f(z)$, we have several interrelated dynamical and geometric characteristics:

- The *integral means spectrum* of a conformal map:

$$\beta_f(\tau) = \limsup_{r \rightarrow 1} \frac{\log \int_{|z|=r} |(f')^\tau| d\theta}{\log \frac{1}{1-r}}, \quad \tau \in \mathbb{C}. \quad (1.11)$$

- The *asymptotic variance* a Bloch function $g \in \mathcal{B}$:

$$\sigma^2(g) = \limsup_{r \rightarrow 1} \frac{1}{2\pi |\log(1-r)|} \int_{|z|=r} |g(z)|^2 d\theta. \quad (1.12)$$

- The *LIL constant* of a conformal map is defined as the essential supremum of $C_{\text{LIL}}(f, \theta)$ over $\theta \in [0, 2\pi)$ where

$$C_{\text{LIL}}(f, \theta) = \limsup_{r \rightarrow 1} \frac{\log |f'(re^{i\theta})|}{\sqrt{\log \frac{1}{1-r} \log \log \log \frac{1}{1-r}}}. \quad (1.13)$$

Theorem 1.6. *Suppose $f(z)$ is a conformal map, such that the image of the unit circle $f(\mathbb{S}^1)$ is a Jordan curve, invariant under a hyperbolic conformal dynamical system. Then,*

$$2 \frac{d^2}{d\tau^2} \Big|_{\tau=0} \beta_f(\tau) = \sigma^2(\log f') = C_{\text{LIL}}^2(f), \quad (1.14)$$

where $\beta(\tau)$ is the integral means spectrum, σ^2 is the asymptotic variance of the Bloch function $\log f'$, and C_{LIL} denotes the constant in the law of the iterated logarithm (1.13).

We emphasise that the above quantities are not equal in general, but only for special domains Ω that have fractal boundary. For these domains, the limits in the definitions of $\beta_f(\tau)$ and $\sigma^2(\log f')$ exist, while $C_{\text{LIL}}(f, \theta)$ is a constant function (up to a set of measure 0).

The equalities in (1.14) are mediated by a fourth quantity involving the *dynamical asymptotic variance* of a Hölder continuous potential from thermodynamic formalism. The equality between the dynamical variance and C_{LIL}^2 is established in [35, 36], while the works [11, 22] give the connection to the integral means $\beta(\tau)$. The missing link, it seems, is the connection between the dynamical variance and σ^2 , which can be proved using a global analogue of McMullen's coboundary relation. Details will be given in Section 8. We note that an alternative approach connecting $\beta(\tau)$ and σ^2 directly has been considered in the special case of polynomial Julia sets, see [17].

With these connections in mind, we relate our quantity Σ^2 to the universal integral means spectrum $B(\tau) = \sup_f \beta_f(\tau)$:

Theorem 1.7.

$$\liminf_{\tau \rightarrow 0} \frac{B(\tau)}{\tau^2/4} \geq \Sigma^2.$$

In view of the lower bound for Σ^2 given by Theorem 1.2, this improves upon the previous best known lower bound [13] for the behaviour of the universal integral means spectrum near the origin. The proof of Theorem 1.7 along with additional numerical advances is presented in Section 8.

While the two approaches above for constructing flows of conformal maps are somewhat different, there is a relation: singular quasicircles lead to singular conformal maps via welding-type procedures [32]. The parallels are summarised in Table 1 below, where exact equalities hold only in the dynamical setting.

2. BERGMAN PROJECTION AND BLOCH FUNCTIONS

In this section, we introduce the notion of asymptotic variance for Bloch functions and discuss some of its basic properties.

Holomorphic motion	$\bar{\partial}\varphi_t = t\mu\partial\varphi_t$	$\log f'_t = t\log f'$
Bloch function v'	$\mathcal{S}\mu$	$\log f'$
Univalence	$\ \mu\ _\infty \leq 1$	f conformal
$\sigma^2(v') = c$	$\text{H. dim } \varphi_t(\mathbb{S}^1) = 1 + c t ^2/4 + \dots$	$\beta_f(\tau) = c\tau^2/4 + \dots$
Examples	Lacunary series	

TABLE 1. Singular conformal maps and the growth of Bloch functions

2.1. Asymptotic variance. The Bloch space \mathcal{B} consists of analytic functions g in \mathbb{D} which satisfy

$$\|g\|_{\mathcal{B}} := \sup_{z \in \mathbb{D}} (1 - |z|^2)|g'(z)| < \infty.$$

Note that $\|\cdot\|_{\mathcal{B}}$ is only a seminorm on \mathcal{B} . A function $g_0 \in \mathcal{B}$ belongs to the little Bloch space \mathcal{B}_0 if

$$\lim_{|z| \rightarrow 1^-} (1 - |z|^2)|g'_0(z)| = 0.$$

To measure the boundary growth of a Bloch function $g \in \mathcal{B}$, we define its asymptotic variance by

$$\sigma^2(g) := \frac{1}{2\pi} \limsup_{r \rightarrow 1^-} \frac{1}{|\log(1-r)|} \int_0^{2\pi} |g(re^{i\theta})|^2 d\theta. \quad (2.1)$$

Lacunary series provide examples with non-trivial (i.e. positive) asymptotic variance. For instance, for $g(z) = \sum_{n=1}^{\infty} z^{d^n}$ with $d \geq 2$, a quick calculation based on orthogonality shows that

$$\sigma^2(g) = \frac{1}{\log d}. \quad (2.2)$$

Following [31, Theorem 8.9], to estimate the asymptotic variance, we use Hardy's identity which says that

$$\begin{aligned} \left(\frac{1}{4r} \frac{d}{dr}\right) \left(r \frac{d}{dr}\right) \frac{1}{2\pi} \int_0^{2\pi} |g(re^{i\theta})|^2 d\theta &= \frac{1}{2\pi} \int_0^{2\pi} |g'(re^{i\theta})|^2 d\theta \\ &\leq \|g\|_{\mathcal{B}}^2 \left(\frac{1}{1-r^2}\right)^2 = \|g\|_{\mathcal{B}}^2 \left(\frac{1}{4r} \frac{d}{dr}\right) \left(r \frac{d}{dr}\right) \log \frac{1}{1-r^2}. \end{aligned} \quad (2.3)$$

From (2.3), it follows that $\sigma^2(g) \leq \|g\|_{\mathcal{B}}^2$. In particular, the asymptotic variance of a Bloch function is finite. It is also easy to see that adding an element from the little Bloch space does not affect the asymptotic variance, i.e. $\sigma^2(g + g_0) = \sigma^2(g)$.

2.2. Beurling transform and the Bergman projection. For a measurable function μ with $|\mu| \leq \chi_{\mathbb{D}}$, the Beurling transform $g = \mathcal{S}\mu$ is an analytic function in the exterior disk $\mathbb{D}^* = \{z : |z| > 1\}$ which satisfies a Bloch bound of the form $\|g\|_{\mathcal{B}^*} := |g'(z)|(|z|^2 - 1) \leq C$. Note that we use the notation \mathcal{B}^* for functions in \mathbb{D}^* – we reserve the symbol \mathcal{B} for the standard Bloch space in the unit disk \mathbb{D} . By passing to the unit disk, we are naturally led to the Bergman projection

$$P\mu(z) = \frac{1}{\pi} \int_{\mathbb{D}} \frac{\mu(w) dm(w)}{(1 - z\bar{w})^2} \quad (2.4)$$

and its action on L^∞ -functions. Indeed, comparing (1.4) and (2.4), we see that $P\mu(1/z) = -z^2 \mathcal{S}\mu_0(z)$ for $\mu_0(w) = \mu(\bar{w})$ and $z \in \mathbb{D}^*$. From this connection between the Beurling transform and the Bergman projection, it follows that

$$\Sigma^2 = \sup_{|\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu) = \sup_{|\mu| \leq \chi_{\mathbb{D}}} \sigma^2(P\mu). \quad (2.5)$$

In view of the above equation, the Beurling transform and the Bergman projection are mostly interchangeable. Due to natural connections with the quasiconformal literature, we mostly work with the Beurling transform. However, in this section on a priori bounds, it is preferable to work with the Bergman projection to keep the discussion in the disk.

2.3. Pointwise estimates. According to [29], the seminorm of the Bergman projection from $L^\infty(\mathbb{D}) \rightarrow \mathcal{B}$ is $8/\pi$. Integrating (2.3), we get

$$\frac{1}{2\pi} \int_0^{2\pi} |P\mu(re^{i\theta})|^2 d\theta \leq \left(\frac{8}{\pi}\right)^2 \log \frac{1}{1-r^2}, \quad r \rightarrow 1^-,$$

which implies that $\Sigma^2 \leq (8/\pi)^2$. One can also equip the Bloch space with seminorms that use higher order derivatives

$$\|f\|_{\mathcal{B},m} = \sup_{z \in \mathbb{D}} (1 - |z|^2)^m |f^{(m)}(z)|, \quad (2.6)$$

where $m \geq 1$ is an integer. Very recently, Kalaj and Vujadinović [16] calculated the seminorm of the Bergman projection when the Bloch space is equipped with (2.6). According to their result,

$$\|P\|_{\mathcal{B},m} = \frac{\Gamma(2+m)\Gamma(m)}{\Gamma^2(m/2+1)}. \quad (2.7)$$

It is possible to apply the differential operator in (2.3) m times and use the pointwise estimates (2.7). In this way, one ends up with the upper bounds

$$\sigma^2(\mathcal{S}\mu) = \sigma^2(P\mu) \leq \frac{\Gamma(2+m)^2\Gamma(m)^2}{\Gamma(2m)\Gamma^4(m/2+1)}. \quad (2.8)$$

Putting $m = 2$ in (2.8), one obtains that $\sigma^2(\mathcal{S}\mu) \leq 6$, which is a slight improvement to $(8/\pi)^2$ and is the best upper bound that can be achieved with this argument. Using quasiconformal methods in Section 4, we will show the significantly better upper bound $\sigma^2(\mathcal{S}\mu) \leq 1$.

2.4. Césaro integral averages. In Section 6 on fractal approximation, we will need the Césaro integral averages from [27, Section 6]. Following McMullen, for $f \in \mathcal{B}$, $m \geq 1$ and $r \in [0, 1)$, we define

$$\sigma_{2m}^2(f, r) = \frac{1}{\Gamma(2m)} \frac{1}{|\log(1-r)|} \int_0^r \frac{ds}{1-s} \left[\frac{1}{2\pi} \int_0^{2\pi} \left| (1-s^2)^m f^{(m)}(se^{i\theta}) \right|^2 d\theta \right]$$

and

$$\sigma_{2m}^2(f) = \limsup_{r \rightarrow 1^-} \sigma_{2m}^2(f, r). \quad (2.9)$$

We will need [27, Theorem 6.3] in a slightly more general form, where we allow the use of “limsup” instead of requiring the existence of a limit:

Lemma 2.1. *For $f \in \mathcal{B}$,*

$$\sigma^2(f) = \sigma_2^2(f) = \sigma_4^2(f) = \sigma_6^2(f) = \dots \quad (2.10)$$

Furthermore, if the limit as $r \rightarrow 1$ in $\sigma_{2m}^2(f)$ exists for some $m \geq 0$, then the limit as $r \rightarrow 1$ exists in $\sigma_{2m}^2(f)$ for all $m \geq 0$.

The original proof from [27] applies in this setting.

3. HOLOMORPHIC FAMILIES

Our aim is to understand holomorphic families of conformal maps, and the infinitesimal change of Hausdorff dimension. The natural setup for this is provided by *holomorphic motions* [23], maps $\Phi : \mathbb{D} \times A \rightarrow \mathbb{C}$, with $A \subset \mathbb{C}$, such that

- For a fixed $a \in A$, the map $\lambda \rightarrow \Phi(\lambda, a)$ is holomorphic in \mathbb{D} .
- For a fixed $\lambda \in \mathbb{D}$, the map $a \rightarrow \Phi(\lambda, a) = \Phi_\lambda(a)$ is injective.
- The mapping Φ_0 is the identity on A ,

$$\Phi(0, a) = a, \quad \text{for every } a \in A.$$

It follows from the works of Mañé-Sad-Sullivan [23] and Ślodkowski [40] that each Φ_λ can be extended to a quasiconformal homeomorphism of \mathbb{C} . In other words, each $f = \Phi_\lambda$ is a homeomorphic $W_{loc}^{1,2}(\mathbb{C})$ -solution to the *Beltrami equation*

$$\bar{\partial}f(z) = \mu(z)\partial f(z) \quad \text{for a.e. } z \in \mathbb{C}.$$

Here the *dilatation* $\mu(z) = \mu_\lambda(z)$ is measurable in $z \in \mathbb{C}$, and the mapping f is called *k-quasiconformal* if $\|\mu\|_\infty \leq k < 1$. As a function of $\lambda \in \mathbb{D}$, the dilatation μ_λ is a holomorphic L^∞ -valued function with $\|\mu_\lambda\|_\infty \leq |\lambda|$, see [10]. In other words, Φ_λ is a $|\lambda|$ -quasiconformal mapping.

Conversely, as is well-known, homeomorphic solutions to the Beltrami equation can be embedded into holomorphic motions. For this work, we shall need a specific and perhaps non-standard representation of the mappings which quickly implies the embedding. For details, see Section 4.

3.1. Quasircles. Let us now consider a holomorphic family of conformal maps $\varphi_t: \mathbb{D}^* \rightarrow \mathbb{C}$, $t \in \mathbb{D}$ such as the one in the introduction. That is, we assume $\varphi(t, z) = \varphi_t(z)$ is a $\mathbb{D} \times \mathbb{D}^* \rightarrow \mathbb{C}$ holomorphic motion which in addition is conformal in the parameter z . By the previous discussion, each φ_t extends to a $|t|$ -quasiconformal mapping of \mathbb{C} . Moreover, by symmetrising the Beltrami coefficients like in [18, 41], we see that $\varphi_t(\mathbb{S}^1)$ is a k -quasircle, where $|t| = 2k/(1+k^2)$. More precisely, $\varphi_t(\mathbb{S}^1) = f(\mathbb{R} \cup \{\infty\})$ for a k -quasiconformal map $f: \hat{\mathbb{C}} \rightarrow \hat{\mathbb{C}}$ of the Riemann sphere $\hat{\mathbb{C}}$, which is antisymmetric with respect to the real line in the sense that

$$\mu_f(z) = -\overline{\mu_f(\bar{z})} \quad \text{for a.e. } z \in \mathbb{C}.$$

Smirnov used this antisymmetric representation to prove (1.9). In terms of the conformal maps φ_t , Smirnov's result takes the form mentioned in (1.3).

3.2. Heuristics for $\sigma^2(\mathcal{S}\mu) \leq 1$. An estimate based on the $\tau = 2$ case of [32, Theorem 3.3] tells us roughly that for $R > 1$,

$$\frac{1}{2\pi R} \int_{|z|=R} |\varphi'_t(z)|^2 |dz| \leq C(|t|) (R-1)^{-|t|^2}. \quad (3.1)$$

(The precise statement is somewhat weaker but we are not going to use this.) A natural strategy for proving $\sigma^2(\mathcal{S}\mu) \leq 1$ is to consider the holomorphic

motion of principal mappings φ_t generated by μ ,

$$\bar{\partial}\varphi_t = t\mu\partial\varphi_t, \quad t \in \mathbb{D}; \quad \varphi_t(z) = z + \mathcal{O}(1/z) \quad \text{as } z \rightarrow \infty.$$

For the derivatives, we have the Neumann series expansion:

$$\varphi'_t = \partial\varphi_t = 1 + t\mathcal{S}\mu + t^2\mathcal{S}\mu\mathcal{S}\mu + \dots, \quad z \in \mathbb{D}^*. \quad (3.2)$$

In view of this, taking the limit $t \rightarrow 0$ in (3.1), one obtains a growth bound (as $R \rightarrow 1$) for the integrals $\int_{|z|=R} |\mathcal{S}\mu|^2 |dz|$. However, in order to validate this strategy, one needs to have good control on the constant term $C(|t|)$ in (3.1). Namely, one would need to show that $C(|t|) \rightarrow 1$ as $t \rightarrow 0$ fast enough, for instance at a quadratic rate $C(|t|) \leq C|t|^2$. Unfortunately, while the growth exponent in (3.1) is effective, the constant is not.

In order to make this strategy work, we need two improvements. First, we work with quasiconformal maps that are antisymmetric with respect to the unit circle; and secondly, we use normalised solutions instead of principal solutions. One of the key estimates will be Theorem 4.4 which is the counterpart of (3.1) for antisymmetric maps, but crucially with a multiplicative constant of the form $C(\delta)^{k^2}$. This naturally complements the Hausdorff measure estimates of [33].

3.3. Interpolation. Let (Ω, σ) be a measure space and $L^p(\Omega, \sigma)$ be the usual spaces of complex-valued σ -measurable functions on Ω equipped with the (quasi)norms

$$\|\Phi\|_p = \left(\int_{\Omega} |\Phi(x)|^p d\sigma(x) \right)^{\frac{1}{p}}, \quad 0 < p < \infty.$$

In the papers [4] – [7], holomorphic deformations were used to give sharp bounds on the distortion of quasiconformal mappings. In [6], the method was formulated as a compact and general interpolation lemma:

Lemma 3.1. [6, Interpolation Lemma for the disk] *Let $0 < p_0, p_1 \leq \infty$ and $\{\Phi_\lambda; |\lambda| < 1\} \subset \mathcal{M}(\Omega, \sigma)$ be an analytic and non-vanishing family of measurable functions defined on a domain Ω . Suppose*

$$M_0 := \|\Phi_0\|_{p_0} < \infty, \quad M_1 := \sup_{|\lambda| < 1} \|\Phi_\lambda\|_{p_1} < \infty \quad \text{and} \quad M_r := \sup_{|\lambda|=r} \|\Phi_\lambda\|_{p_r},$$

where

$$\frac{1}{p_r} = \frac{1-r}{1+r} \cdot \frac{1}{p_0} + \frac{2r}{1+r} \cdot \frac{1}{p_1}.$$

Then, for every $0 \leq r < 1$, we have

$$M_r \leq M_0^{\frac{1-r}{1+r}} \cdot M_1^{\frac{2r}{1+r}} < \infty. \quad (3.3)$$

To be precise, in the lemma we consider analytic families Φ_λ of measurable functions in Ω , i.e. jointly measurable functions $(x, \lambda) \mapsto \Phi_\lambda(x)$ defined on $\Omega \times \mathbb{D}$, for which there exists a set $E \subset \Omega$ of σ -measure zero such that for all $x \in \Omega \setminus E$, the map $\lambda \mapsto \Phi_\lambda(x)$ is analytic and non-vanishing in \mathbb{D} .

For the study of the asymptotic variance of the Beurling transform, we need to combine interpolation with ideas from [41] to take into account the antisymmetric dependence on λ , see Proposition 4.3. In this special setting, Lemma 3.1 takes the following form:

Corollary 3.2. *Suppose $\{\Phi_\lambda; \lambda \in \mathbb{D}\}$ is an analytic family of measurable functions, such that for every $\lambda \in \mathbb{D}$,*

$$\Phi_\lambda(x) \neq 0 \text{ and } |\Phi_\lambda(x)| = |\Phi_{-\bar{\lambda}}(x)|, \quad \text{for a.e. } x \in \Omega. \quad (3.4)$$

Let $0 < p_0, p_1 \leq \infty$. Then, for all $0 \leq k < 1$ and exponents p_k defined by

$$\frac{1}{p_k} = \frac{1-k^2}{1+k^2} \cdot \frac{1}{p_0} + \frac{2k^2}{1+k^2} \cdot \frac{1}{p_1},$$

we have

$$\|\Phi_k\|_{p_k} \leq \|\Phi_0\|_{p_0}^{\frac{1-k^2}{1+k^2}} \left(\sup_{\{|\lambda|<1\}} \|\Phi_\lambda\|_{p_1} \right)^{\frac{2k^2}{1+k^2}},$$

assuming that the right hand side is finite.

Proof. Consider the analytic family $\lambda \mapsto \sqrt{\Phi_\lambda(x) \Phi_{-\bar{\lambda}}(x)}$. The non-vanishing condition ensures that we can take an analytic square-root. Since the dependence with respect to λ gives an even analytic function, there is a (single-valued) analytic family Ψ_λ such that

$$\Psi_{\lambda^2}(x) = \sqrt{\Phi_\lambda(x) \Phi_{-\bar{\lambda}}(x)}.$$

Observe that $|\Phi_\lambda(x)| = |\Psi_{\lambda^2}(x)|$ for real λ by the condition (3.4). By the Cauchy-Schwarz inequality, Ψ_λ satisfies the same L^{p_1} -bounds:

$$\|\Psi_{\lambda^2}\|_{p_1} \leq \|\Phi_\lambda\|_{p_1}^{1/2} \|\Phi_{-\bar{\lambda}}\|_{p_1}^{1/2} \leq \sup_{\{|\lambda|<1\}} \|\Phi_\lambda\|_{p_1}, \quad \lambda \in \mathbb{D}.$$

We can now apply the Interpolation Lemma for the non-vanishing family Ψ_λ with $r = k^2$ to get

$$\begin{aligned} \|\Phi_k\|_{p_k} = \|\Psi_{k^2}\|_{p_k} &\leq \|\Psi_0\|_{p_0}^{\frac{1-k^2}{1+k^2}} \left(\sup_{\{|\lambda|<1\}} \|\Psi_\lambda\|_{p_1} \right)^{\frac{2k^2}{1+k^2}} \\ &\leq \|\Phi_0\|_{p_0}^{\frac{1-k^2}{1+k^2}} \left(\sup_{\{|\lambda|<1\}} \|\Phi_\lambda\|_{p_1} \right)^{\frac{2k^2}{1+k^2}}. \end{aligned}$$

□

4. UPPER BOUNDS

In this section, we apply quasiconformal methods for finding bounds on integral means to the problem of maximising the asymptotic variance $\sigma^2(\mathcal{S}\mu)$ of the Beurling transform. Our aim is to establish the following result:

Theorem 4.1. *Suppose μ is measurable with $|\mu| \leq \chi_{\mathbb{D}}$. Then, for all $1 < R < 2$,*

$$\frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu(Re^{i\theta})|^2 d\theta \leq (1 + \delta) \log \frac{1}{R-1} + c(\delta), \quad 0 < \delta < 1, \quad (4.1)$$

where $c(\delta) < \infty$ is a constant depending only on δ .

The growth rate in (4.1) is interesting only for R close to 1: For $|z| = R > 1$, we always have the pointwise bound

$$|\mathcal{S}\mu(z)| = \left| \frac{1}{\pi} \int_{\mathbb{D}} \frac{\mu(\zeta)}{(\zeta - z)^2} dm(\zeta) \right| \leq \frac{1}{(R-1)^2}. \quad (4.2)$$

It is clear that Theorem 4.1 implies $\Sigma^2 \leq 1$, i.e. the statement from Theorem 1.1 that

$$\sigma^2(\mathcal{S}\mu) = \frac{1}{2\pi} \limsup_{R \rightarrow 1^+} \frac{1}{|\log(R-1)|} \int_0^{2\pi} |\mathcal{S}\mu(Re^{i\theta})|^2 d\theta \leq 1 \quad (4.3)$$

whenever $|\mu| \leq \chi_{\mathbb{D}}$.

The proof of Theorem 4.1 is based on holomorphic motions and quasiconformal distortion estimates. In particular, we make strong use of the ideas of Smirnov [41], where he showed that the dimension of a k -quasicircle is at most $1 + k^2$. We first need a few preliminary results.

4.1. Normalised solutions. The classical Cauchy transform of a function $\omega \in L^p(\mathbb{C})$ is given by

$$\mathcal{C}\omega(z) = \frac{1}{\pi} \int_{\mathbb{C}} \frac{\omega(\zeta)}{z - \zeta} dm(\zeta). \quad (4.4)$$

For us it will be convenient to use a modified version

$$\begin{aligned} \mathcal{C}_1\omega(z) &:= \frac{1}{\pi} \int_{\mathbb{C}} \omega(\zeta) \left[\frac{1}{z - \zeta} - \frac{1}{1 - \zeta} \right] dm(\zeta) \\ &= (1 - z) \frac{1}{\pi} \int_{\mathbb{C}} \omega(\zeta) \frac{1}{(z - \zeta)(1 - \zeta)} dm(\zeta) \end{aligned} \quad (4.5)$$

defined pointwise for compactly supported functions $\omega \in L^p(\mathbb{C})$, $p > 2$. Like the usual Cauchy transform, the modified Cauchy transform satisfies the identities $\bar{\partial}(\mathcal{C}_1\omega) = \omega$ and $\partial(\mathcal{C}_1\omega) = \mathcal{S}\omega$. Furthermore, $\mathcal{C}_1\omega$ is continuous, vanishes at $z = 1$ and has the asymptotics

$$\mathcal{C}_1\omega(z) = -\frac{1}{\pi} \int_{\mathbb{C}} \frac{\omega(\zeta)}{1 - \zeta} dm(\zeta) + \mathcal{O}(1/z) \quad \text{as } z \rightarrow \infty.$$

We will consider quasiconformal mappings with Beltrami coefficient μ supported on unions of annuli

$$A(\rho, R) := \{z \in \mathbb{C} : \rho < |z| < R\}.$$

Typically, we need to make sure that the support of the Beltrami coefficient is symmetric with respect to the reflection in the unit circle. Therefore, it is convenient to use the notation

$$A_R := A(1/R, R), \quad 1 < R < \infty \quad \text{and} \quad (4.6)$$

$$A_{\rho, R} := A(1/R, 1/\rho) \cup A(\rho, R), \quad 1 < \rho < R < \infty. \quad (4.7)$$

For coefficients supported on annuli A_R , the normalised homeomorphic solutions to the Beltrami equation

$$\bar{\partial}f(z) = \mu(z)\partial f(z) \quad \text{for a.e. } z \in \mathbb{C}, \quad f(0) = 0, f(1) = 1, \quad (4.8)$$

admit a simple representation:

Proposition 4.2. *Suppose μ is supported on A_R with $\|\mu\|_{\infty} < 1$ and $f \in W_{loc}^{1,2}(\mathbb{C})$ is the normalised homeomorphic solution to (4.8). Then*

$$f(z) = z \exp(\mathcal{C}_1\omega(z)), \quad z \in \mathbb{C}, \quad (4.9)$$

where $\omega \in L^p(\mathbb{C})$ for some $p > 2$, has support contained in A_R and

$$\omega(z) - \mu(z)\mathcal{S}\omega(z) = \frac{\mu(z)}{z} \quad \text{for a.e. } z \in \mathbb{C}. \quad (4.10)$$

Proof. First, if ω satisfies the above equation, then

$$\omega = (Id - \mu\mathcal{S})^{-1} \left(\frac{\mu(z)}{z} \right) = \frac{\mu(z)}{z} + \mu\mathcal{S} \left(\frac{\mu(z)}{z} \right) + \mu\mathcal{S}\mu\mathcal{S} \left(\frac{\mu(z)}{z} \right) + \dots$$

with the series converging in $L^p(\mathbb{C})$ whenever $\|\mu\|_\infty \|\mathcal{S}\|_{L^p} < 1$, in particular for some $p > 2$. The solution, unique in $L^p(\mathbb{C})$, clearly has support contained in A_R .

If $f(z)$ is as in (4.9), then $f \in W_{loc}^{1,2}(\mathbb{C})$ and satisfies (4.8) with the required normalisation. To see that f is a homeomorphism, note that

$$f(z) = \alpha[z + \beta + \mathcal{O}(1/z)] \quad \text{as } z \rightarrow \infty, \quad (4.11)$$

where

$$\alpha = \exp \left(-\frac{1}{\pi} \int_{\mathbb{C}} \frac{\omega(\zeta)}{1-\zeta} dm(\zeta) \right) \neq 0 \quad \text{and} \quad \beta = \frac{1}{\pi} \int_{\mathbb{C}} \omega(\zeta) dm(\zeta) \quad (4.12)$$

which shows that f is a composition of a similarity and a principal solution to the Beltrami equation. Since every principal solution to a Beltrami equation is automatically a homeomorphism [5, p.169], we see that f must be a homeomorphism as well. The proposition now follows from the uniqueness of normalised homeomorphic solutions to (4.8). \square

4.2. Antisymmetric mappings. If the Beltrami coefficient in (4.8) satisfies $\overline{\mu(z)} = \mu(\bar{z})$, then by the uniqueness of the normalised solutions, we have $\overline{f(z)} = f(\bar{z})$ and f preserves the real axis.

For normalised solutions preserving the unit circle, the corresponding condition for f is $f(1/\bar{z}) = 1/\overline{f(z)}$ which asks for the Beltrami coefficient to satisfy $\mu(\frac{1}{\bar{z}}) \frac{\bar{z}^2}{z^2} = \overline{\mu(z)}$ for a.e. $z \in \mathbb{C}$. In this case, we say that the Beltrami coefficient μ is *symmetric* (with respect to the unit circle). Following [41], we say that μ is *antisymmetric* if

$$\mu \left(\frac{1}{\bar{z}} \right) \frac{\bar{z}^2}{z^2} = -\overline{\mu(z)} \quad \text{for a.e. } z \in \mathbb{C}. \quad (4.13)$$

Given an antisymmetric μ supported on A_R with $\|\mu\|_\infty = 1$, define

$$\mu_\lambda(z) = \lambda \mu(z), \quad \lambda \in \mathbb{D},$$

and let f_λ be the corresponding normalised homeomorphic solution to (4.8) with $\mu = \mu_\lambda$. It turns out that in case of mappings antisymmetric with

respect to the circle, the expression

$$\Phi_\lambda(z) := z \frac{\partial f_\lambda(z)}{f_\lambda(z)}$$

has the proper invariance properties similar to those used in [41]:

Proposition 4.3. *For every $\lambda \in \mathbb{D}$ and $z \in \mathbb{C}$,*

$$\frac{1}{\bar{z}} \frac{\partial f_\lambda(1/\bar{z})}{f_\lambda(1/\bar{z})} = \overline{\left[z \frac{\partial f_{(-\bar{\lambda})}(z)}{f_{(-\bar{\lambda})}(z)} \right]}.$$

In particular,

$$\left| \frac{\partial f_\lambda(z)}{f_\lambda(z)} \right| = \left| \frac{\partial f_{(-\bar{\lambda})}(z)}{f_{(-\bar{\lambda})}(z)} \right| \quad \text{whenever } |z| = 1.$$

Proof. Let

$$g_\lambda(z) = \frac{1}{\overline{f_\lambda(1/\bar{z})}}, \quad z \in \mathbb{C}. \quad (4.14)$$

By direct calculation, g_λ has complex dilatation $\overline{\lambda \mu(\frac{1}{\bar{z}}) \frac{\bar{z}^2}{z^2}}$ which by our assumption on antisymmetry is equal to $-\bar{\lambda} \mu(z)$. Since g_λ and $f_{-\bar{\lambda}}$ are normalised solutions to the same Beltrami equation, the functions must be identical. Differentiating the identity (4.14) with respect to $\partial/\partial z$, we get

$$\partial f_{(-\bar{\lambda})}(z) = \frac{1}{\bar{z}^2} \frac{\overline{\partial f_\lambda(1/\bar{z})}}{\overline{f_\lambda(1/\bar{z})^2}} = f_{(-\bar{\lambda})}(z) \frac{1}{\bar{z}^2} \frac{\overline{\partial f_\lambda(1/\bar{z})}}{\overline{f_\lambda(1/\bar{z})}}.$$

Rearranging and taking the complex conjugate gives the claim. \square

4.3. Integral means for antisymmetric mappings. For $1 < R < 2$, consider a quasiconformal mapping f whose Beltrami coefficient is supported on $A_{R,2}$. Since f is conformal in the narrow annulus $\{\frac{1}{R} < |z| < R\}$, it is reasonable to study bounds for the integral means involving the derivatives of f on the unit circle. We are especially interested in the dependence of these bounds on R as $R \rightarrow 1^+$.

Theorem 4.4. *Suppose μ is measurable, $|\mu(z)| \leq (1 - \delta)\chi_{A_{R,2}}(z)$, and that μ is antisymmetric. Let $0 \leq k \leq 1$.*

If $f = f_k \in W_{loc}^{1,2}(\mathbb{C})$ is the normalised homeomorphic solution to $\bar{\partial} f(z) = k\mu(z)\partial f(z)$, then

$$\frac{1}{2\pi} \int_{|z|=1} \left| \frac{f'(z)}{f(z)} \right|^2 |dz| \leq C(\delta)^{k^2} (R-1)^{-\frac{2k^2}{1+k^2}}, \quad (4.15)$$

where $C(\delta) < \infty$ is a constant depending only on δ .

The assumption $\|\mu(z)\|_\infty \leq 1 - \delta$ above, where $\delta > 0$ is fixed but arbitrary, is made to guarantee that we have uniform bounds in (4.15) for all $k < 1$. To estimate the asymptotic variance of the Beurling transform, we will study the nature of these bounds as $k \rightarrow 0$, but we need to keep in mind the dependence on the auxiliary parameter $\delta > 0$.

Proof of Theorem 4.4. We embed f in a holomorphic motion by setting

$$\mu_\lambda(z) = \lambda \mu(z), \quad \lambda \in \mathbb{D}.$$

Let f_λ denote the normalised solution to the Beltrami equation $f_{\bar{z}} = \mu_\lambda f_z$, with the representation (4.9) described in Proposition 4.2. The uniqueness of the solution implies that $f_k = f$.

We now apply Corollary 3.2 to the family

$$\Phi_\lambda(z) := z \frac{(f_\lambda)'(z)}{f_\lambda(z)}, \quad \lambda \in \mathbb{D}, z \in \mathbb{S}^1. \quad (4.16)$$

By [5, Theorem 5.7.2], the map is well-defined, nonzero and holomorphic in λ for each $z \in \mathbb{S}^1$. By the antisymmetry of the dilatation μ , we can use Proposition 4.3 to get the identity

$$|\Phi_\lambda(z)| = \left| \frac{\partial f_\lambda(z)}{f_\lambda(z)} \right| = \left| \frac{\partial f_{(-\bar{\lambda})}(z)}{f_{(-\bar{\lambda})}(z)} \right| = |\Phi_{-\bar{\lambda}}(z)|, \quad z \in \mathbb{S}^1. \quad (4.17)$$

We first find a global L^2 -bound, independent of $\lambda \in \mathbb{D}$. For this purpose, we estimate

$$\frac{1}{2\pi} \int_{A_R} \left| \frac{f'_\lambda(z)}{f_\lambda(z)} \right|^2 dm(z).$$

Recall that $1 < R < 2$ by assumption. Since all f_λ 's are normalised $\frac{1+\delta}{1-\delta}$ -quasiconformal mappings, we have

$$|f_\lambda(z)| = \frac{|f_\lambda(z) - f_\lambda(0)|}{|f_\lambda(1) - f_\lambda(0)|} \geq 1/\rho_\delta, \quad 1/R < |z| < R,$$

together with

$$f_\lambda(A_R) \subset f_\lambda B(0, 2) \subset B(0, \rho_\delta).$$

Therefore,

$$\frac{1}{2\pi} \int_{A_R} \left| \frac{f'_\lambda(z)}{f_\lambda(z)} \right|^2 dm(z) \leq \frac{1}{2\pi} \rho_\delta^2 |f_\lambda A_R| \leq \rho_\delta^4 / 2 \quad (4.18)$$

for some constant $1 < \rho_\delta < \infty$ depending only on δ . In particular,

$$(R-1) \frac{1}{2\pi} \int_{|z|=1} \left| \frac{f'_\lambda(z)}{f_\lambda(z)} \right|^2 |dz| \leq c(\delta) < \infty, \quad \lambda \in \mathbb{D},$$

where the bound $c(\delta)$ depends only on $0 < \delta < 1$.

We now use interpolation to improve the L^2 -bounds near the origin. We choose $p_0 = p_1 = 2$, $\Omega = \mathbb{S}^1$ and $d\sigma(z) = \frac{R-1}{2\pi} |dz|$. Applying Corollary 3.2 gives

$$(R-1) \frac{1}{2\pi} \int_{|z|=1} \left| \frac{f'_k(z)}{f_k(z)} \right|^2 |dz| \leq (R-1)^{\frac{1-k^2}{1+k^2}} c(\delta)^{\frac{2k^2}{1+k^2}},$$

which implies Theorem 4.4. \square

4.4. Integral means for the Beurling transform. We now use infinitesimal estimates for quasiconformal distortion to give bounds for the integral means of $\mathcal{S}\mu$. We begin with the following lemma:

Lemma 4.5. *Given $1 < R < 2$, suppose μ is an antisymmetric Beltrami coefficient with $\text{supp } \mu \subset A_{R,2}$ and $\|\mu\|_\infty \leq 1$. Then, $\mu_1(z) := \frac{\mu(z)}{z}$ satisfies*

$$\frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu_1(z)|^2 |dz| \leq (1+\delta) \log \frac{1}{(R-1)^2} + \log C(\delta/4), \quad 0 < \delta < 1,$$

where $C(\delta)$ is the constant from Theorem 4.4.

Proof. First, observe that if h is any L^1 -function vanishing in the annulus $\{z : 1/R < |z| < R\}$, by the theorems of Fubini and Cauchy,

$$\begin{aligned} \frac{1}{2\pi} \int_{|z|=1} z(\mathcal{S}h)(z) |dz| &= \frac{1}{2\pi i} \int_{\mathbb{S}^1} (\mathcal{S}h)(z) dz \\ &= \frac{1}{\pi} \int_{\mathbb{C}} h(\zeta) \left[\frac{1}{2\pi i} \int_{\mathbb{S}^1} \frac{1}{(\zeta - z)^2} dz \right] dm(\zeta) = 0. \end{aligned}$$

To apply Theorem 4.4, take $0 < k < 1$ and solve the Beltrami equation $\bar{\partial}f(z) = k\nu(z)\partial f(z)$ for the coefficient $\nu(z) = (1-\delta)\mu(z)$. Let $f_k \in W_{loc}^{1,2}(\mathbb{C})$ be the normalised homeomorphic solution in \mathbb{C} .

Recall from (4.9) that f_k has the representation $f_k(z) = z \exp(\mathcal{C}_1 \omega(z))$ where

$$\omega = (Id - k\nu\mathcal{S})^{-1} \left(\frac{k\nu(z)}{z} \right) = k(1-\delta)\mu_1(z) + k^2(1-\delta)^2\nu\mathcal{S}\mu_1(z) + \dots$$

and the series converges in $L^p(\mathbb{C})$ for some fixed $p = p(\delta) > 2$. From this representation, we see that

$$z \frac{f'_k(z)}{f_k(z)} = 1 + k(1-\delta)z\mathcal{S}\mu_1(z) + k^2(1-\delta)^2z\mathcal{S}\nu\mathcal{S}\mu_1(z) + \mathcal{O}(k^3) \quad (4.19)$$

holds pointwise in the annulus $\{z : 1/R < |z| < R\}$, where ν and ω vanish.

It follows that

$$\frac{1}{2\pi} \int_{|z|=1} \left| \frac{f'_k(z)}{f_k(z)} \right|^2 |dz| = 1 + k^2(1-\delta)^2 \frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu_1(z)|^2 |dz| + \mathcal{O}(k^3). \quad (4.20)$$

Finally, combining (4.20) with Theorem 4.4, we obtain

$$\begin{aligned} & 1 + k^2(1-\delta)^2 \frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu_1(z)|^2 |dz| + \mathcal{O}(k^3) \\ & \leq \exp \left(k^2 \log C(\delta) + \frac{k^2}{1+k^2} \log \frac{1}{(R-1)^2} \right) \\ & = 1 + k^2 \log C(\delta) + k^2 \log \frac{1}{(R-1)^2} + \mathcal{O}(k^4). \end{aligned}$$

Taking $k \rightarrow 0$, we find that

$$\frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu_1(z)|^2 |dz| \leq (1-\delta)^{-2} \log \frac{1}{(R-1)^2} + (1-\delta)^{-2} \log C(\delta).$$

As $(1-\delta/4)^{-2} \leq 1+\delta$, replacing δ by $\delta/4$ proves the lemma. \square

Corollary 4.6. *Given $1 < R < 2$, suppose μ is a Beltrami coefficient with $\text{supp } \mu \subset A(1/2, 1/R)$ and $\|\mu\|_\infty \leq 1$. Then,*

$$\frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu(z)|^2 |dz| \leq (1+\delta) \log \frac{1}{(R-1)} + \frac{1}{2} \log C(\delta/4), \quad 0 < \delta < 1,$$

where $C(\delta)$ is the constant from Theorem 4.4.

Proof. Define an auxiliary Beltrami coefficient ν by requiring $\nu(z) = z\mu(z)$ for $|z| \leq 1$ and $\nu(z) = -\frac{z^2}{\bar{z}^2} \overline{\nu(1/\bar{z})}$ for $|z| \geq 1$. Then ν is supported on $A_{R,2}$, $\|\nu\|_\infty \leq 1$ and ν is antisymmetric, so that with help of Lemma 4.5 we can estimate the integral means of $\mathcal{S}\nu_1$, where $\nu_1(z) = \frac{\nu(z)}{z}$.

On the other hand, the antisymmetry condition (4.13) implies

$$\mathcal{C}(\chi_{\mathbb{D}}\nu_1)(1/\bar{z}) = \overline{\mathcal{C}(\chi_{\mathbb{C}\setminus\mathbb{D}}\nu_1)(z)} - \overline{\mathcal{C}(\chi_{\mathbb{C}\setminus\mathbb{D}}\nu_1)(0)}$$

for the Cauchy transform. Differentiating this with respect to $\partial/\partial\bar{z}$ gives

$$\frac{1}{\bar{z}} \mathcal{S}(\chi_{\mathbb{D}}\nu_1) \left(\frac{1}{\bar{z}} \right) = - \overline{z \mathcal{S}(\chi_{\mathbb{C}\setminus\mathbb{D}}\nu_1)(z)}.$$

In particular, for z on the unit circle \mathbb{S}^1 ,

$$\begin{aligned} z \mathcal{S}(\nu_1)(z) &= z \mathcal{S}(\chi_{\mathbb{D}}\nu_1)(z) + z \mathcal{S}(\chi_{\mathbb{C}\setminus\mathbb{D}}\nu_1)(z) \\ &= 2i \operatorname{Im} [z \mathcal{S}(\chi_{\mathbb{D}}\nu_1)(z)] \\ &= 2i \operatorname{Im} [z (\mathcal{S}\mu)(z)]. \end{aligned}$$

In other words, the estimates of Lemma 4.5 take the form

$$\begin{aligned} \frac{1}{2\pi} \int_{|z|=1} \left| \operatorname{Im}[z(\mathcal{S}\mu)(z)] \right|^2 |dz| &= \frac{1}{4} \frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\nu_1(z)|^2 |dz| \\ &\leq \frac{1}{4} (1+\delta) \log \frac{1}{(R-1)^2} + \frac{1}{4} \log C(\delta/4), \quad 0 < \delta < 1. \end{aligned}$$

By replacing μ with $i\mu$, we see that the same bound holds for the integral means of $\operatorname{Re}[z(\mathcal{S}\mu)(z)]$. Therefore,

$$\begin{aligned} \frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\mu(z)|^2 |dz| &= \frac{1}{2\pi} \int_{|z|=1} \left| \operatorname{Re}[z(\mathcal{S}\mu)(z)] \right|^2 + \left| \operatorname{Im}[z(\mathcal{S}\mu)(z)] \right|^2 |dz| \\ &\leq (1+\delta) \log \frac{1}{R-1} + \frac{1}{2} \log C(\delta/4) \end{aligned}$$

for every $0 < \delta < 1$. \square

4.5. Asymptotic variance. With these preparations, we are ready to prove Theorem 4.1. We need to show that if μ is measurable with $|\mu(z)| \leq \chi_{\mathbb{D}}$, then for all $1 < R < 2$,

$$\frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu(Re^{i\theta})|^2 d\theta \leq (1+\delta) \log \frac{1}{R-1} + c(\delta), \quad 0 < \delta < 1,$$

where $c(\delta) < \infty$ is a constant depending only on δ .

Proof of Theorem 4.1. For a proof of this inequality, first assume that additionally

$$\mu(z) = 0 \quad \text{for } |z| < 3/4; \quad 1 < R < \frac{3}{2}. \quad (4.21)$$

Then $\nu(z) := \mu(Rz)$ has support contained in $B(0, 1/R) \setminus B(0, 1/2)$ so that we may apply Corollary 4.6. Since $\mathcal{S}\nu(z) = \mathcal{S}\mu(Rz)$,

$$\begin{aligned} \frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu(Re^{i\theta})|^2 d\theta &= \frac{1}{2\pi} \int_{|z|=1} |\mathcal{S}\nu(z)|^2 |dz| \\ &\leq (1+\delta) \log \frac{1}{R-1} + \frac{1}{2} \log C(\delta/4), \end{aligned}$$

which is the desired estimate.

For the general case when (4.21) does not hold, write $\mu = \mu_1 + \mu_2$ where $\mu_2(z) = \chi_{B(0, 3/4)} \mu(z)$. As

$$|\mathcal{S}\mu_2(z)| \leq \int_{\frac{1}{4} < |z-\zeta| < 2} \frac{1}{|\zeta-z|^2} dm(\zeta) = 2\pi \log(8), \quad |z| = 1,$$

we have

$$\frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu_1(Re^{i\theta}) + \mathcal{S}\mu_2(Re^{i\theta})|^2 d\theta$$

$$\begin{aligned}
&\leq (1 + \delta) \frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu_1(Re^{i\theta})|^2 d\theta + \left(1 + \frac{1}{\delta}\right) \frac{1}{2\pi} \int_0^{2\pi} |\mathcal{S}\mu_2(Re^{i\theta})|^2 d\theta \\
&\leq (1 + \delta)^2 \log \frac{1}{R-1} + \frac{1 + \delta}{2} \log C(\delta/4) + \frac{1 + \delta}{\delta} 4\pi^2 \log^2(8)
\end{aligned}$$

for $0 < \delta < 1$ and $1 < R < \frac{3}{2}$; while for $R \geq \frac{3}{2}$, we have the pointwise bound (4.2). Finally, replacing δ by $\delta/3$, we get the estimate in the required form, thus proving the theorem. \square

5. LOWER BOUNDS

Consider the family of polynomials

$$P_t(z) = z^d + tz, \quad |t| < 1,$$

for $d \geq 2$. According to [27, Theorem 1.8] or [1, 39], the Hausdorff dimensions of their Julia sets satisfy

$$\text{H. dim } \mathcal{J}(P_t) = 1 + \frac{|t|^2(d-1)^2}{4d^2 \log d} + \mathcal{O}(|t|^3). \quad (5.1)$$

Moreover, each Julia set $\mathcal{J}(P_t)$ is a quasicircle, the image of the unit circle by a quasiconformal mapping of the plane. A quick way to see this is to observe that the immediate basin of attraction of the origin contains all the (finite) critical points of P_t . (From general principles, it is clear that the basin must contain at least one critical point, but by the $(d-1)$ -fold symmetry of P_t , it must contain them all.)

If $A_{P_t}(\infty)$ denotes the basin of attraction of infinity, for each $|t| < 1$ there is a canonical conformal mapping

$$\varphi_t : \mathbb{D}^* = A_{P_0}(\infty) \rightarrow A_{P_t}(\infty) \quad (5.2)$$

conjugating the dynamics:

$$\varphi_t \circ P_0(z) = P_t \circ \varphi_t(z), \quad z \in \mathbb{D}^*. \quad (5.3)$$

By Slodkowski's extended λ -lemma [40] and the properties of holomorphic motions, φ_t extends to a $|t|$ -quasiconformal mapping of the plane, see e.g. [5, Section 12.3]. In particular, the extension maps the unit circle onto the Julia set $\mathcal{J}(P_t)$.

While the extensions given by the λ -lemma are natural, surprisingly it turns out that the maps φ_t have extensions with considerably smaller quasiconformal distortion, smaller by a factor of

$$c_d := \frac{d^{\frac{1}{d-1}}}{2}, \quad 2 \leq d \in \mathbb{N}, \quad (5.4)$$

when $|t| \rightarrow 0$.

Theorem 5.1. *Let $P_t(z) = z^d + tz$ with $|t| < 1$. Then the canonical conjugacy $\varphi_t : \mathbb{D}^* \rightarrow A_{P_t}(\infty)$, defined in (5.2), has a μ_t -quasiconformal extension with*

$$\|\mu_t\|_\infty = c_d |t| + \mathcal{O}(|t|^2).$$

Here $c_2 = 1$, but $c_d < 1$ for $d \geq 3$. Hence for every degree ≥ 3 we have an improved bound for the distortion. Furthermore, when representing $\mathcal{J}(P_t)$ as the image of the unit circle by a map with as small distortion as possible, one can apply Theorem 5.1 together with the symmetrisation method described in Section 3.1 to show that each $\mathcal{J}(P_t)$ is a $k(t)$ -quasicircle, where

$$k(t) = \frac{c_d}{2} |t| + \mathcal{O}(|t|^2).$$

By the dimension formula (5.1),

$$\text{H. dim } \mathcal{J}(P_t) = 1 + \frac{4d^{\frac{2}{1-d}}(d-1)^2}{d^2 \log d} |k(t)|^2 + \mathcal{O}(|k(t)|^3). \quad (5.5)$$

In particular, when $d = 20$, we get k -quasicircles whose Hausdorff dimension is greater than $1 + 0.87913 k^2$, for small values of k . Therefore, Theorem 1.3 follows from Theorem 5.1.

The numerical values for the second order term of (5.5) are presented in Table 2 below. These provide lower bounds on the asymptotic variance (or equivalently, on the quasicircle dimension asymptotics). For comparison, we also show the values for the second order term of (5.1) which correspond to the estimate on quasiconformal distortion provided by the λ -lemma. Note that the first explicit lower bound on quasicircle dimension asymptotics [9] is exactly the degree 2 case of the upper-left corner.

For the proof of Theorem 5.1, we find an improved representation for the infinitesimal vector field determined by φ_t . Differentiating (5.3), we get a

Degree	λ -lemma	Bounds from (5.5)
$d = 2$	0.3606...	0.3606...
$d = 3$	0.4045...	0.5394...
$d = 4$	0.4057...	0.6441...
$d = 20$	0.3012...	0.8791...

TABLE 2. Comparison of lower bounds for Σ^2

functional equation

$$v(z^d) = dz^{d-1}v(z) + z \quad (5.6)$$

for the vector field $v = \frac{d\varphi_t}{dt}|_{t=0}$, which in turn forces the lacunary series expansion, see [27, Section 5],

$$v(z) = -\frac{z}{d} \sum_{n=0}^{\infty} \frac{z^{-(d-1)d^n}}{d^n}, \quad |z| > 1. \quad (5.7)$$

Our aim is to represent the lacunary series (5.7) as the Cauchy transform (or v' as the Beurling transform) of an explicit bounded function supported on the unit disk. We will achieve this through the functional equation (5.6). For this reason, we will look for Beltrami coefficients with invariance properties under $f(z) = z^d$, requiring that $f^*\mu = \mu$ in some neighbourhood of the unit circle, where

$$(f^*\mu)(z) := \mu(f(z)) \frac{\overline{f'(z)}}{f'(z)}. \quad (5.8)$$

We first observe that the Cauchy transform (4.4) behaves similarly to a vector field under the pullback operation:

Lemma 5.2. *Suppose μ is a Beltrami coefficient supported on the unit disk. Then,*

$$\frac{1}{dz^{d-1}} \left\{ \mathcal{C}\mu(z^d) - \mathcal{C}\mu(0) \right\} = \mathcal{C}\left((z^d)^*\mu\right)(z), \quad z \in \mathbb{C}. \quad (5.9)$$

Proof. From [5, p. 115], it follows that the Cauchy transform of a bounded, compactly supported function belongs to all Hölder classes Lip_α with exponents $0 < \alpha < 1$. In particular, near the origin, the left hand side of (5.9) is $\mathcal{O}(|z|^{1-\varepsilon})$ for every $\varepsilon > 0$. This implies that the two quantities in (5.9) have the same $(\partial/\partial\bar{z})$ -distributional derivatives. As both vanish at infinity, they must be identically equal on the Riemann sphere. \square

Remark 5.3. Since the left hand side in (5.9) vanishes at 0, we always have $\mathcal{C}((z^d)^*\mu)(0) = 0$. This can also be seen by using the change of variables $z \rightarrow \zeta \cdot z$ where ζ is a d -th root of unity.

We will use the following basic Beltrami coefficients as building blocks:

Lemma 5.4. *Let $\mu_n(z) := (\bar{z}/|z|)^{n-2} \chi_{A(r,\rho)}$ with $0 < r < \rho < 1$ and $2 \leq n \in \mathbb{N}$. Then*

$$\mathcal{C}\mu_n(z) = \frac{2}{n} (\rho^n - r^n) z^{-(n-1)}, \quad |z| > 1,$$

and $\mathcal{C}\mu_n(0) = 0$.

Proof. We compute:

$$\int_{\mathbb{D}} \mu_n(w) \cdot w^{n-2} dm(w) = \int_{A(r,\rho)} |w|^{n-2} dm(w) = \frac{2\pi}{n} (\rho^n - r^n).$$

Hence, by orthogonality

$$\begin{aligned} \mathcal{C}\mu_n(z) &= \frac{1}{\pi z} \int_{\mathbb{D}} \frac{\mu_n(w) dm(w)}{(1 - w/z)} \\ &= \frac{1}{\pi z} \sum_{j=0}^{\infty} z^{-j} \int_{\mathbb{D}} \mu_n(w) w^j dm(w) \\ &= \frac{1}{\pi z} \cdot z^{-(n-2)} \cdot \frac{2\pi}{n} \cdot (\rho^n - r^n) \\ &= \frac{2}{n} \cdot z^{-(n-1)} \cdot (\rho^n - r^n) \end{aligned}$$

as desired. The claim $\mathcal{C}\mu_n(0) = 0$ follows similarly. \square

To represent power series in z^{-1} , we sum up μ_n 's supported on disjoint annuli:

Lemma 5.5. *For $d \geq 3$ and $\rho_0 \in (0, 1)$, let*

$$n_j = (d-1) d^j, \quad r_j = \rho_0^{1/n_j}, \quad j = 0, 1, 2, \dots$$

and define the Beltrami coefficient μ by

$$\mu(z) = (\bar{z}/|z|)^{n_j-2}, \quad r_j < |z| < r_{j+1}, \quad j \in \mathbb{N},$$

while for $|z| < \rho_0^{1/n_0}$ and for $|z| > 1$, we set $\mu(z) = 0$. With these choices,

- (i) $\mu = (z^d)^*\mu + \mu \cdot \chi_{A(r_0, r_1)}$ and
- (ii) $\mathcal{C}\mu(z^d) = dz^{d-1} \mathcal{C}\mu(z) - \frac{2d}{d-1} [\rho_0^{1/d} - \rho_0] \cdot z, \quad |z| > 1.$

In particular, for $|z| > 1$ we have

$$(iii) \mathcal{C}\mu(z) = -\frac{2d}{d-1}[\rho_0^{1/d} - \rho_0]v(z), \quad \text{with}$$

$$(iv) \mathcal{S}\mu(z) = -\frac{2d}{d-1}[\rho_0^{1/d} - \rho_0]v'(z),$$

where $v = v_d$ is the lacunary series in (5.7).

Proof. Claim (i) is clear from the construction. Inserting (i) into (5.9) and using Lemma 5.4 gives (ii). This agrees with the functional equation (5.6) up to a constant term in front of z which leads to (iii). Finally, (iv) follows by differentiation. \square

Remark 5.6. The $d = 2$ case of Lemma 5.5 is somewhat different since the vector field v_2 does not vanish at infinity, so v_2 is not the Cauchy transform of any Beltrami coefficient. With the choice $n_j = 2^{j+1}$, (ii) and (iii) hold up to an additive constant, while (iv) holds true as stated.

Differentiating (5.7), we see that

$$\begin{aligned} v'(z) &= \sum_{n \geq 0} z^{-(d-1)d^n} \cdot \frac{(d-1)d^n - 1}{d^{n+1}} \\ &= \frac{(d-1)}{d} \cdot \sum_{n \geq 0} z^{-(d-1)d^n} + b_0 \end{aligned}$$

for some function $b_0 \in \mathcal{B}_0^*$, which implies

$$\sigma^2(v'(z)) = \frac{(d-1)^2}{d^2 \log d}.$$

Therefore, the Beltrami coefficient $\mu = \mu_d$ from Lemma 5.5 satisfies

$$\sigma^2(\mathcal{S}\mu) = \frac{4[\rho_0^{1/d} - \rho_0]^2}{\log d}.$$

Fixing d and optimising over $\rho_0 \in (0, 1)$, simple calculus reveals that the maximum is obtained when $\rho_0 = d^{\frac{d}{1-d}}$. For this choice of ρ_0 ,

$$v'(z) = -c_d \mathcal{S}\mu(z) \tag{5.10}$$

where c_d is the constant from (5.4). Moreover,

$$\sigma^2(\mathcal{S}\mu) = 4d^{\frac{2}{1-d}} \frac{(d-1)^2}{d^2 \log d} \tag{5.11}$$

obtains its maximum (over the natural numbers) at $d = 20$, in which case

$$\sigma^2(\mathcal{S}\mu_{20}) > 0.87913, \quad \text{with } |\mu| = \chi_{\mathbb{D}}.$$

This construction proves Theorem 1.2. One can proceed further from these infinitesimal bounds and use (5.10) to produce quasicircles with large dimension. This takes us to Theorem 5.1.

Proof of Theorem 5.1. By the extended λ -lemma, the conformal maps

$$\varphi_t : \mathbb{D}^* \rightarrow A_{P_t}(\infty),$$

admit quasiconformal extensions $H_t : \mathbb{C} \rightarrow \mathbb{C}$, which depend holomorphically on $t \in \mathbb{D}$. Since the Beltrami coefficient μ_{H_t} is a holomorphic L^∞ -valued function of t , the vector-valued Schwarz lemma implies that

$$\mu_{H_t} = t\mu_0 + \mathcal{O}(t^2)$$

for some Beltrami coefficient $|\mu_0| \leq \chi_{\mathbb{D}}$. By developing $\varphi'_t = \partial_z H_t$ as a Neumann series in $\mathcal{S}\mu_{H_t}$, c.f. (3.2), we get

$$\mathcal{S}\mu_0(z) = v'(z), \quad z \in \mathbb{D}^*,$$

for the infinitesimal vector field $v = \frac{d\varphi_t}{dt}|_{t=0}$.

On the other hand, if μ_d is the Beltrami coefficient from Lemma 5.5, it follows from (5.10) that $\mu_d^\# := -c_d \mu_d$ also satisfies $\mathcal{S}\mu_d^\#(z) = v'(z)$ in \mathbb{D}^* . Then the Beltrami coefficient $\mu_0 - \mu_d^\#$ is infinitesimally trivial, and by [20, Lemma V.7.1], we can find quasiconformal maps N_t which are the identity on the exterior unit disk and have dilatations $\mu_{N_t} = t(\mu_0 - \mu_d^\#) + \mathcal{O}(t^2)$, $|t| < 1$. Therefore, we can replace H_t with $H_t \circ N_t^{-1}$ to obtain an extension of φ_t with dilatation

$$\mu_{H_t \circ N_t^{-1}} = t\mu_d^\# + \mathcal{O}(t^2) \tag{5.12}$$

as desired. This concludes the proof. \square

Remark 5.7. (i) One can show that for $d \geq 2$, the Beltrami coefficient $\mu_d^\#$ constructed in Lemma 5.5 is not *infinitesimally extremal* which implies that the conformal maps φ_t (with t close to 0) admit even more efficient extensions (i.e. with smaller dilatations). One reason to suspect that this may be the case is that $\mu_d^\#$ is not of the form $\frac{\bar{q}}{|q|}$ for some holomorphic quadratic differential q on the unit disk; however, this fact alone is insufficient. It would be interesting to find the dilatation of the most efficient extension, but this may be a difficult problem. For more on Teichmüller extremality, we refer the reader to the survey of Reich [38].

(ii) Let M_{shell} be the class of Beltrami coefficients of the form

$$\sum_{j=0}^{\infty} \left(\frac{\bar{z}}{|z|} \right)^{n_j-2} \cdot \chi_{A(r_i, r_{i+1})}, \quad 0 \leq r_0 < r_1 < r_2 < \dots < 1.$$

One can show that

$$\Sigma^2 > \sup_{\mu \in M_{\text{shell}}} \sigma^2(\mathcal{S}\mu) = \max_{d>1} 4d^{\frac{2}{1-d}} \frac{(d-1)^2}{d^2 \log d} \approx 0.87914$$

where the maximum is taken over all *real* $d > 1$.

6. FRACTAL APPROXIMATION

In this section, we present an alternative route to the upper bound for the asymptotic variance of the Beurling transform using (infinitesimal) fractal approximation. We show that in order to compute $\Sigma^2 = \sup_{|\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu)$, it suffices to take the supremum only over certain classes of “dynamical” Beltrami coefficients μ for which McMullen’s formula holds, i.e.

$$2 \frac{d^2}{dt^2} \Big|_{t=0} \text{H. dim } \varphi_t(\mathbb{S}^1) = \lim_{R \rightarrow 1^+} \frac{1}{2\pi |\log(R-1)|} \int_0^{2\pi} |v'_\mu(Re^{i\theta})|^2 d\theta \quad (6.1)$$

where φ_t is the unique principal homeomorphic solution to the Beltrami equation $\bar{\partial}\varphi_t = t\mu \partial\varphi_t$ and $v_\mu := \frac{d\varphi_t}{dt} \Big|_{t=0}$ is the associated vector field. By using the principal solution, we guarantee that v_μ vanishes at infinity which implies that $v_\mu = \mathcal{C}\mu$. We will use this identity repeatedly. (In general, when φ_t does not necessarily fix ∞ , v_μ and $\mathcal{C}\mu$ may differ by a quadratic polynomial $Az^2 + Bz + C$.)

Consider the following classes of dynamical Beltrami coefficients, with each subsequent class being a subclass of the previous one:

- $M_B = \bigcup_f M_f(\mathbb{D})$ consists of Beltrami coefficients that are *eventually-invariant* under some finite *Blaschke product* $f(z) = z \prod_{i=1}^{d-1} \frac{z-a_i}{1-\bar{a}_i z}$, i.e. Beltrami coefficients which satisfy $f^*\mu = \mu$ in some open neighbourhood of the unit circle.
- $M_I = \bigcup_{d \geq 2} M_I(d)$ consists of Beltrami coefficients that are eventually-invariant under $z \rightarrow z^d$ for some $d \geq 2$.
- $M_{PP} = \bigcup_{d \geq 2} M_{PP}(d)$ consists of $\mu \in M_I$ for which v_μ arises as the vector field associated to some *polynomial perturbation* of $z \rightarrow z^d$, again for some $d \geq 2$. For details, see Section 6.3.

Theorem 6.1. [27] *If μ belongs to M_B , then the function $t \rightarrow \text{H. dim } \varphi_t(\mathbb{S}^1)$ is real-analytic and (6.1) holds.*

While McMullen did not explicitly state the relation between Hausdorff dimension and asymptotic variance for M_B , the argument in [27] does apply to conjugacies φ_t induced by this class of coefficients. Note that the class of polynomial perturbations is explicitly covered in McMullen's work, see [27, Section 5]. We show:

Theorem 6.2.

$$\Sigma^2 = \sup_{\mu \in M_I, |\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu) = \sup_{\mu \in M_{PP}, |\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu).$$

In view of Theorem 6.1, the first equality in Theorem 6.2 is sufficient to deduce Theorem 1.4. With a bit more work, the second equality also gives the following consequence:

Corollary 6.3. *For any $\varepsilon > 0$, there exists a family of polynomials*

$$z^d + t(a_{d-2}z^{d-2} + a_{d-3}z^{d-3} + \cdots + a_0), \quad t \in (-\varepsilon_0, \varepsilon_0),$$

such that each Julia set \mathcal{J}_t is a $k(t)$ -quasicircle with

$$\text{H. dim}(\mathcal{J}_t) \geq 1 + (\Sigma^2 - \varepsilon)k(t)^2.$$

6.1. Bounds on quadratic differentials. To prove Theorem 6.2, we work with the integral average σ_4^2 rather than with σ^2 . The reason for shifting the point of view is due to the fact that the pointwise estimates for

$$v_\mu'''(z) = -\frac{6}{\pi} \int_{\mathbb{D}} \frac{\mu(w)}{(w-z)^4} dm(w) \quad (6.2)$$

are more useful than the pointwise estimates for v' , as we saw in Section 2 when we invoked Hardy's identity. According to Lemma 2.1,

$$\sigma^2(v'_\mu) = \sigma_4^2(v'_\mu) = \frac{8}{3} \limsup_{R \rightarrow 1^+} \int_{A(R,2)} \left| \frac{v_\mu'''}{\rho_*^2}(z) \right|^2 \rho_*(z) dm \quad (6.3)$$

where $\rho_*(z) = 2/(|z|^2 - 1)$ is the density of the hyperbolic metric on \mathbb{D}^* and $\int f(z) \rho_*(z) dm$ denotes the integral average with respect to the measure $\rho_*(z) dm$. (Note that we are not taking the average with respect to the hyperbolic area $\rho_*^2(z) dm$.)

We will need two estimates for v_μ'''/ρ_*^2 . To state these estimates, we introduce some notation. For a set $E \subset \mathbb{C}$, let E^* denote its reflection in

the unit circle. The hyperbolic distance between $z_1, z_2 \in \mathbb{D}^*$ is denoted by $d_{\mathbb{D}^*}(z_1, z_2)$. The following lemma is based on ideas from [25, Section 2] and appears explicitly in [15, Section 2]:

Lemma 6.4. *Suppose μ is a measurable Beltrami coefficient with $|\mu| \leq \chi_{\mathbb{D}}$ and v''' is given by (6.2). Then,*

- (a) $|v'''/\rho_*^2| \leq 3/2$ for $z \in \mathbb{D}^*$.
- (b) If $d_{\mathbb{D}^*}(z, \text{supp}(\mu)^*) \geq L$, then $|(v'''/\rho_*^2)(z)| \leq Ce^{-L}$, for some constant $C > 0$.

Proof. A simple computation shows that if γ is a Möbius transformation, then

$$\frac{\gamma'(z_1)\gamma'(z_2)}{(\gamma(z_1) - \gamma(z_2))^2} = \frac{1}{(z_1 - z_2)^2}, \quad \text{for } z_1 \neq z_2 \in \mathbb{C}. \quad (6.4)$$

The above identity and a change of variables shows that

$$v_\mu'''(\gamma(z)) \cdot \gamma'(z)^2 = v_{\gamma^*\mu}'''(z), \quad (6.5)$$

analogous to the transformation rule of a quadratic differential.

In view of the Möbius invariance, it suffices to prove the assertions of the lemma at infinity. From (6.2), one has

$$\lim_{z \rightarrow \infty} \left| \frac{v_\mu'''}{\rho_*^2}(z) \right| = \frac{3}{2\pi} \left| \int_{\mathbb{D}} \mu(w) dm(w) \right|,$$

which gives (a). For (b), recall that $d_{\mathbb{D}^*}(\infty, z) = -\log(|z| - 1) + \mathcal{O}(1)$ for $|z| < 2$. Then,

$$\lim_{z \rightarrow \infty} \left| \frac{v_\mu'''}{\rho_*^2}(z) \right| \leq \frac{3}{2\pi} \int_{\{1 - Ce^{-L} < |w| < 1\}} dm(w) = \mathcal{O}(e^{-L})$$

as desired. \square

Remark 6.5. Loosely speaking, part (b) of Lemma 6.4 says that to determine the value of v_μ'''/ρ_*^2 at a point $z \in \mathbb{D}^*$, one needs to know the values of μ in a neighbourhood of z^* . More precisely, for any $\varepsilon > 0$, one may choose $L > 0$ sufficiently large to ensure that the contribution of the values of μ outside $\{w : d_{\mathbb{D}}(z^*, w) < L\}$ to $(v_\mu'''/\rho_*^2)(z)$ is less than ε . In particular, if μ_1 and μ_2 are two Beltrami coefficients, supported on the unit disk and bounded by 1 that agree on $\{w : d_{\mathbb{D}}(z^*, w) < L\}$, then $|(v_{\mu_1}'''/\rho_*^2)(z) - (v_{\mu_2}'''/\rho_*^2)(z)| < 2\varepsilon$. This simple *localisation principle* will serve as the foundation for the arguments in this section.

Lemma 6.6. *Given an $\varepsilon > 0$, there exists an $1 < R(\varepsilon) < \infty$, so that if $1 < |z|^d < R(\varepsilon)$, then*

$$\left| z^2 \frac{v_{(z^d)^*\mu}'''}{\rho_*^2}(z) - z^{2d} \frac{v_\mu'''}{\rho_*^2}(z^d) \right| < \varepsilon. \quad (6.6)$$

Note that $R(\varepsilon)$ is independent of the degree $d \geq 2$.

Proof. Differentiating (5.9) three times yields

$$\left| d^2 z^{2d-2} v_\mu'''(z^d) - v_{(z^d)^*\mu}'''(z) \right| \leq 2d^2 |z|^{-2} \omega(z^d),$$

where $\omega(z)/\rho_*^2(z) \rightarrow 0$ as $|z| \rightarrow 1^+$. The lemma follows in view of the convergence $(1/d) \cdot (\rho_*(z)/\rho_*(z^d)) \rightarrow 1$ as $|z|^d \rightarrow 1^+$, which is uniform over $d \geq 2$.

Alternatively, one can use a version of Koebe's distortion theorem for maps which preserve the unit circle, see [15, Section 2]. \square

6.2. Periodising Beltrami coefficients. We now prove the first equality in Theorem 6.2 which says that $\Sigma^2 = \sup_{\mu \in M_I, |\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu)$. In view of Lemma 2.1, given a Beltrami coefficient μ with $|\mu| \leq \chi_{\mathbb{D}}$ and $\varepsilon > 0$, it suffices to construct an eventually-invariant Beltrami coefficient μ_d which satisfies

$$|\mu_d| \leq \chi_{\mathbb{D}} \quad \text{and} \quad \sigma_4^2(v'_{\mu_d}) \geq \sigma_4^2(v'_\mu) - \varepsilon. \quad (6.7)$$

Proof of Theorem 6.2, first equality. Given an integer $d \geq 2$, we construct a Beltrami coefficient $\mu_d \in M_I(d)$. We then show that μ_d satisfies (6.7) for d sufficiently large.

Step 1. Using the definition of asymptotic variance (6.3), we select an annulus

$$A_0^* = A(R_1, R_0) \subset \mathbb{D}^*, \quad R_1 = R_0^{1/d}, \quad R_0 \approx 1,$$

for which

$$\sigma_4^2(v'_\mu) - \varepsilon/3 \leq \frac{8}{3} \int_{A_0^*} \left| \frac{v_\mu'''}{\rho_*^2}(z) \right|^2 \rho_*(z) dm.$$

Let $A_0 = A(r_0, r_1)$ be the reflection of A_0^* in the unit circle. We take $\mu_d = \mu$ on A_0 and then extend μ_d to $\{z : r_1 < |z| < 1\}$ by z^d -invariance. On $|z| < r_0$, we set $\mu_d = 0$.

Step 2. The estimate (6.7) relies on an isoperimetric feature of the measure $\rho_*(z)dm$, which we now describe. It is easy to see that the $\rho_*(z)dm$ -area of an annulus

$$A(S_1, S_2), \quad 1 < S_1 < S_2 < \infty,$$

is 2π times the hyperbolic distance between its boundary components. In particular, the $\rho_*(z)dm$ -area of A_0^* is roughly $2\pi \log d$. By contrast, for a fixed $L > 0$, the $\rho_*(z)dm$ -area of its “periphery”

$$\partial_L A_0^* := \{z \in A_0^*, d_{\mathbb{D}}(z, \partial A_0^*) < L\}$$

is $4\pi L$ (provided that $\log d \geq 2L$). We conclude that the ratio of $\rho_*(z)dm$ -areas of $\partial_L A_0^*$ and A_0^* tends to 0 as $d \rightarrow \infty$.

Step 3. By part (b) of Lemma 6.4,

$$\left| \frac{v_{\mu_d}'''}{\rho_*^2}(z) - \frac{v_{\mu}'''}{\rho_*^2}(z) \right| \leq Ce^{-L}, \quad z \in A_0^* \setminus \partial_L A_0^*, \quad (6.8)$$

while

$$\left| \frac{v_{\mu_d}'''}{\rho_*^2}(z) - \frac{v_{\mu}'''}{\rho_*^2}(z) \right| \leq 3, \quad z \in \partial_L A_0^*. \quad (6.9)$$

Putting the above estimates together gives (for large degree d)

$$\left| \frac{8}{3} \int_{A_0^*} \left| \frac{v_{\mu_d}'''}{\rho_*^2}(z) \right|^2 \rho_*(z)dm - \frac{8}{3} \int_{A_0^*} \left| \frac{v_{\mu}'''}{\rho_*^2}(z) \right|^2 \rho_*(z)dm \right| < \varepsilon/3. \quad (6.10)$$

Step 4. Set $R_k := R_0^{1/d^k}$ and $A_k^* = A(R_{k+1}, R_k)$. By Lemma 6.6,

$$\left| \frac{8}{3} \int_{A_k^*} \left| \frac{v_{\mu_d}'''}{\rho_*^2}(z) \right|^2 \rho_*(z)dm - \frac{8}{3} \int_{A_k^*} \left| \frac{v_{\mu}'''}{\rho_*^2}(z) \right|^2 \rho_*(z)dm \right| < \varepsilon/3,$$

which implies that $\sigma_4^2(v'_{\mu_d}) \geq \sigma_4^2(v'_{\mu}) - \varepsilon$ as desired. \square

Remark 6.7. (i) The isoperimetric property used above does not hold with respect to the hyperbolic area $\rho_*^2(z)dm$. In fact, as we explain in Section 7, periodisation fails in the Fuchsian case.

(ii) Refining the above argument shows that one can take $\varepsilon = C/\log d$ in (6.7), but we will not need this more quantitative estimate.

6.3. Polynomial perturbations. To show the second equality in Theorem 6.2, we need a description of vector fields which arise from polynomial perturbations of $z \rightarrow z^d$, $d \geq 2$.

Lemma 6.8. [27, Section 5] *Consider the family of polynomials*

$$P_t(z) = z^d + tQ(z), \quad \deg Q \leq d-2, \quad |t| < \varepsilon_0. \quad (6.11)$$

Let $\varphi_t : \mathbb{D}^* = A_{P_0}(\infty) \rightarrow A_{P_t}(\infty)$ denote the conjugacy map and $v = \frac{d\varphi_t}{dt}|_{t=0}$ be the associated vector field as before. Then,

$$v(z) = \sum_{k=0}^{\infty} v_k(z) = \frac{z}{d} \sum_{k \geq 0} \frac{Q(z^{d^k})}{d^k z^{d^{k+1}}}, \quad z \in \mathbb{D}^*. \quad (6.12)$$

Let $\mathcal{V}_{PP}(d)$ be the collection of holomorphic vector fields of the form (6.12), with $\deg Q \leq d-2$. From this description, it is clear that each $\mathcal{V}_{PP}(d)$, $d \geq 2$ is a vector space, but the union $\mathcal{V}_{PP} = \bigcup_{d \geq 2} \mathcal{V}_{PP}(d)$ is not. Observe that two consecutive terms in (6.12) satisfy the “periodicity” relation

$$v_{k+1}(z) = \frac{1}{dz^{d-1}} v_k(z^d), \quad (6.13)$$

which is of the form (5.9) provided that $\mathcal{C}\mu(0) = 0$.

Similarly, we define $M_{PP} = \bigcup_{d \geq 2} M_{PP}(d)$ as the class of Beltrami coefficients that give rise to polynomial perturbations. More precisely, $M_{PP}(d)$ consists of eventually-invariant Beltrami coefficients $\mu \in M_I(d)$ for which $v_\mu = \mathcal{C}\mu \in \mathcal{V}_{PP}(d)$.

6.4. A truncation lemma. In order to approximate infinite series by finite sums, we need some kind of a truncation procedure. To this end, we show the following lemma:

Lemma 6.9. *Suppose μ is a Beltrami coefficient satisfying $\|\mu\|_\infty \leq 1$ and $\text{supp } \mu \subset A(\rho_0, \rho_1)$, with $0 < \rho_0 < \rho_1 < 1$. Given a slightly larger annulus $A(\rho_0, r_1)$ and an $\varepsilon > 0$, there exists a Beltrami coefficient $\tilde{\mu}$ satisfying*

- (i) $\text{supp } \tilde{\mu} \subset A(\rho_0, r_1)$,
- (ii) $\|\tilde{\mu} - \mu\|_\infty < \varepsilon$,
- (iii) $v_{\tilde{\mu}}(0) = v_\mu(0)$,
- (iv) $v_{\tilde{\mu}}$ is a polynomial in z^{-1} .

Proof. From

$$v_\mu(z) = \frac{1}{\pi z} \int_{\mathbb{D}} \mu(w) \left(1 + w/z + w^2/z^2 + \dots\right) dm(w),$$

it follows that

$$v_\mu = \sum_{j=1}^{\infty} b_j z^{-j}, \quad b_j = \frac{1}{\pi} \int_{\mathbb{D}} \mu(w) w^{j-1} dm(w).$$

Since μ is supported on $A(\rho_0, \rho_1)$, the coefficients b_j decay exponentially, more precisely, $|b_j| \leq \frac{2}{j+1}(\rho_1^{j+1} - \rho_0^{j+1})$. As $\rho_1/r_1 < 1$, for N sufficiently large, we have

$$\sum_{j \geq N+1} \frac{|b_j|}{\frac{2}{j+1}(\rho_1^{j+1} - \rho_0^{j+1})} \leq \sum_{j \geq N+1} \frac{\rho_1^{j+1} - \rho_0^{j+1}}{r_1^{j+1} - \rho_0^{j+1}} \leq \sum_{j \geq N+1} \frac{\rho_1^{j+1}}{r_1^{j+1}} \leq \varepsilon.$$

Using Lemma 5.4, is easy to see that

$$\tilde{\mu} = \mu - \sum_{j \geq N+1} \frac{b_j}{\frac{2}{j+1}(\rho_1^{j+1} - \rho_0^{j+1})} \cdot \left(\frac{\bar{z}}{|z|}\right)^{j-1} \cdot \chi_{A(\rho_0, r_1)}(z)$$

satisfies the desired properties. \square

6.5. Periodising quadratic differentials. With these preliminaries, we can complete the proof of Theorem 6.2.

Proof of Theorem 6.2, second equality. From the proof of the first part of the theorem, we may assume that μ is an eventually-invariant Beltrami coefficient of the form $\mu = \mu_0 + \mu_1 + \dots$ where

$$\mu_k = (z^{d^k})^* \mu_0, \quad \text{supp } \mu_k \subset A_k = A(r_k, r_{k+1}), \quad r_k = r_0^{1/d^k}, \quad 0 < r_0 < 1.$$

Furthermore, it will be convenient to assume that μ_0 itself arises as a pull-back under $z \rightarrow z^d$, which by Remark 5.3 implies that $v_{\mu_k}(0) = 0$ for all $k \geq 0$. This could be achieved by considering $(z^d)^* \mu$ instead of μ and renaming r_1 by r_0 .

Step 1. We now show that we may additionally assume that v_{μ_0} is a polynomial in z^{-1} . For this purpose, we first replace μ_0 by $\mu_0 \cdot \chi_{A(r_0, \rho_1)}$ so that $\text{supp } \mu_0$ is contained in a slightly smaller annulus $A(r_0, \rho_1) \subset A(r_0, r_1)$. We then apply Lemma 6.9 with $\mu = \mu_0$ to obtain a Beltrami coefficient $\tilde{\mu}_0$ supported on $A(r_0, r_1)$ with the desired property. Finally, we replace $\tilde{\mu}_0$ by

$\tilde{\mu}_0/(1+\varepsilon)$ to ensure that $\|\tilde{\mu}_0\|_\infty \leq 1$. Since all three operations have little effect on the integral

$$\oint_{A(1/r_1, 1/r_0)} \left| \frac{v_\mu'''}{\rho_*^2}(z) \right|^2 \rho_*(z) dm,$$

we see that $\sigma_4^2(v'_\mu) \approx \sigma_4^2(v'_\mu)$ where $\tilde{\mu} := \sum_{k \geq 0} \tilde{\mu}_k = \sum_{k \geq 0} (z^{d^k})^* \tilde{\mu}_0$.

Step 2. In view of Lemma 5.2, the sequence $v_k = v_{\tilde{\mu}_k}$ satisfies the degree d periodicity relation (6.13). However, we cannot guarantee that $v = \sum_{k=0}^\infty v_k \in \mathcal{V}_{\text{PP}}(d)$ since the base polynomial v_0 may have degree greater than $d-1$ in z^{-1} . Let m be the smallest integer so that $\deg_{z^{-1}} v_0 \leq d^m - 1$, and take $M > m$. Consider then the Beltrami coefficient $\hat{\mu} = \sum \hat{\mu}_k$ where

$$\hat{\mu}_0 = \tilde{\mu}_0 + \tilde{\mu}_1 + \cdots + \tilde{\mu}_{M-m} \quad \text{and} \quad \hat{\mu}_k = (z^{kd^M})^* \tilde{\mu}_0.$$

Similarly, define

$$\begin{aligned} \hat{v}_0 &= \mathcal{C}\hat{\mu}_0 = v_0 + v_1 + \cdots + v_{M-m}, \\ \hat{v}_k &= \mathcal{C}\hat{\mu}_k \quad \text{and} \quad \hat{v} = \sum \hat{v}_k. \end{aligned}$$

By construction, \hat{v} is the periodisation of \hat{v}_0 under the relation (6.13), with d^M in place of d . Since $\deg_{z^{-1}} v_{M-m} \leq d^{M-m} \deg_{z^{-1}} v_0 + (d^{M-m} - 1)$, we have $\deg_{z^{-1}} \hat{v}_0 \leq d^M - 1$ which ensures that $\hat{v} \in \mathcal{V}_{\text{PP}}(d^M)$. Explicitly, \hat{v} is the vector field associated to the polynomial perturbation

$$P_t(z) = z^{d^M} + t \cdot d^M z^{d^M-1} \hat{v}_0(z), \quad |t| < \varepsilon_0.$$

By taking $M \gg m$, the fraction of the “unused” shells (i.e. those corresponding to indices $M-m+1, \dots, M-1$) can be made arbitrarily small. Using Lemma 6.4 (b) like in Step 3 in the proof of the first equality in Theorem 6.2 shows that $\sigma_4^2(v'_\mu) \approx \sigma_4^2(v'_\mu)$ as desired. \square

Proof of Corollary 6.3. By the second equality in Theorem 6.2, for $\varepsilon > 0$, one can find a Beltrami coefficient $\mu \in M_{\text{PP}}$ with $|\mu| \leq \chi_{\mathbb{D}}$ for which $\sigma^2(\mathcal{S}\mu) > \Sigma^2 - \varepsilon$. By the definition of M_{PP} , the associated vector field lies in \mathcal{V}_{PP} . By Lemma 6.8, there exists a family of polynomials

$$P_t(z) = z^d + tQ(z), \quad \deg Q \leq d-2, \quad |t| < \varepsilon_0,$$

with

$$\left. \frac{d}{dt} \right|_{t=0} \varphi_t(z) = \mathcal{C}\mu(z) = \frac{z}{d} \sum_{k \geq 0} \frac{Q(z^{d^k})}{d^k z^{d^{k+1}}}, \quad z \in \mathbb{D}^*, \quad (6.14)$$

where $\varphi_t : \mathbb{D}^* = A_{P_0}(\infty) \rightarrow A_{P_t}(\infty)$ are conformal conjugacies. We are now in a position to repeat the argument in the proof of Theorem 5.1. Indeed, by the λ -lemma, the conformal maps φ_t admit *some* quasiconformal extensions $H_t : \mathbb{C} \rightarrow \mathbb{C}$. Using (6.14), for $|t| < \varepsilon_0$, we can correct the extensions H_t by pre-composing them with Teichmüller-trivial deformations N_t^{-1} like in (5.12), so that

$$\mu_{H_t \circ N_t^{-1}} = t\mu + \mathcal{O}(t^2).$$

Therefore, the Julia sets $\mathcal{J}_t = \mathcal{J}(P_t)$ are $k(t)$ -quasicircles with

$$k(t) = \frac{|t|}{2} + \mathcal{O}(|t|^2), \quad \text{as } t \rightarrow 0.$$

On the other hand, their Hausdorff dimensions satisfy

$$\text{H. dim } \mathcal{J}_t = 1 + \sigma^2(v'_\mu) \frac{|t|^2}{4} + \mathcal{O}(|t|^3).$$

Since $\sigma^2(v'_\mu) = \sigma^2(\mathcal{S}\mu) > \Sigma^2 - \varepsilon$, letting $t \rightarrow 0$ proves the claim. \square

7. FUCHSIAN GROUPS

One may ask whether

$$\Sigma^2 \stackrel{?}{=} \sup_{\mu \in M_F, |\mu| \leq \chi_{\mathbb{D}}} \sigma^2(\mathcal{S}\mu), \quad (7.1)$$

for the class $M_F = \bigcup_{\Gamma} M_{\Gamma}(\mathbb{D})$ of Beltrami coefficients that are invariant under some co-compact Fuchsian group Γ , i.e. $\gamma^*\mu = \mu$ for all $\gamma \in \Gamma$. It is tempting to take a Beltrami coefficient μ on the unit disk and periodise it with respect to a Fuchsian group Γ of high genus, i.e. to form a Γ -invariant Beltrami coefficient μ_F which coincides with μ on a fundamental domain $F \subset \mathbb{D}$. However, one cannot guarantee that $\sigma^2(v'_{\mu_F}) \approx \sigma^2(v'_\mu)$.

The reason for this is that the hyperbolic area of F is comparable to the hyperbolic area of its “periphery”

$$\partial_1 F := \{z \in F, d_{\mathbb{D}}(z, \partial F) < 1\}.$$

Unlike our considerations in complex dynamics (with the maps $z \rightarrow z^d$), in the Fuchsian case, the periphery is significant: Indeed, if $\pi : \mathbb{D} \rightarrow \mathbb{D}/\Gamma$ denotes the universal covering map, it is well-known that as $r \rightarrow 1$, the curves $\pi(\{z : |z| = r\})$ become equidistributed with respect to the hyperbolic metric on \mathbb{D}/Γ . Therefore, for r close to 1, the curves $\pi(\{z : |z| = r\})$ spend a definite amount of time in $\partial_1 F \subset F \cong \mathbb{D}/\Gamma$, which allows the asymptotic

variance to go down after periodisation. Indeed, fractal approximation fails in the Fuchsian case as evidenced by Theorem 1.5.

Theorem 1.5 is a simple consequence of the comparison

$$\frac{\|\mu\|_{\text{WP}}^2}{\text{Area}(X)} \leq \|\mu\|_T^2 \quad (7.2)$$

between the Teichmüller and Weil-Petersson metrics on the Teichmüller space \mathcal{T}_g of compact Riemann surfaces of genus $g \geq 2$, for instance, see [26, Proposition 2.4]. Here, the area is taken with respect to the hyperbolic metric on X . For the convenience of the reader, we recall the definitions and sketch the rather simple arguments.

For $X \in \mathcal{T}_g$, the cotangent space $T_X^* \mathcal{T}_g$ is canonically identified with the space $Q(X)$ of holomorphic quadratic differentials $q(z)dz^2$ on X . On the cotangent space, the Teichmüller and Weil-Petersson norms are given by

$$\|q\|_T := \int_X |q|, \quad \|q\|_{\text{WP}}^2 := \int_X |q|^2 \rho^{-2},$$

where ρ denotes the density of the hyperbolic metric. Dualising shows that the tangent space $T_X \mathcal{T}_g \cong M(X)/Q(X)^\perp$ is naturally identified with the quotient space of Beltrami coefficients $\mu \in L^\infty(X)$ modulo ones orthogonal to $Q(X)$ with respect to the pairing $\langle \mu, q \rangle = \int_X \mu q$. The Teichmüller and Weil-Petersson metrics on the tangent space may be obtained by dualising the above definitions:

$$\|\mu\|_T := \sup_{\|q\|_T=1} \left| \int_X \mu q \right|, \quad \|\mu\|_{\text{WP}} := \sup_{\|q\|_{\text{WP}}=1} \left| \int_X \mu q \right|.$$

Duality considerations also show that (7.2) is equivalent to the estimate

$$\text{Area}(X) \|q\|_{\text{WP}}^2 \geq \|q\|_T^2, \quad (7.3)$$

which is immediate from the Cauchy-Schwarz inequality.

To show that $\Sigma_F^2 \leq 2/3$, it suffices to describe the standard geometric interpretations for the dual norms. For the Teichmüller norm, one has

$$\|\mu\|_T \leq \|\mu\|_\infty. \quad (7.4)$$

In fact, $\|\mu\|_T = \inf_{\nu \sim \mu} \|\nu\|_\infty$, where the infimum is taken over all ν infinitesimally equivalent to μ (with $\mathcal{C}\nu = \mathcal{C}\mu$ on \mathbb{D}^*) and the minimum is achieved for a unique Teichmüller coefficient of the form $k \cdot \frac{\bar{q}}{|q|}$ with $q \in Q(X)$.

On the other hand, the Weil-Petersson norm may be computed by

$$\begin{aligned} \frac{\|\mu\|_{\text{WP}}^2}{\text{Area}(X)} &= \frac{1}{\text{Area}(X)} \int_X |2v'''/\rho^2|^2 \rho^2 dx dy, \\ &= \lim_{R \rightarrow 1^+} \frac{1}{2\pi} \int_{|z|=R} |2v'''/\rho^2|^2 d\theta, \\ &= \frac{3}{2} \sigma^2(v'_\mu). \end{aligned} \quad (7.5)$$

The first equality follows from the fact that $\rho^{-2} \cdot (1/\bar{z})^* [-2v'''(z)dz^2]$ is the harmonic representative of the Teichmüller class of $[\mu]$, e.g. see [14, Chapter 7], the second from equidistribution, and the third from Lemma 2.1. Substituting (7.4) and (7.5) into (7.2) gives $\Sigma_{\mathbb{F}}^2 \leq 2/3$.

To complete the proof of Theorem 1.5, it suffices to show that there is a definitive defect in the Cauchy-Schwarz inequality (7.3), i.e. that there exists a constant $\varepsilon_0 > 0$ for which

$$(1 - \varepsilon_0) \cdot \text{Area}(X) \|q\|_{\text{WP}}^2 \geq \|q\|_T^2, \quad (7.6)$$

independent of $g \geq 2$, $X \in \mathcal{T}_g$ and $q \in Q(X)$. For this purpose, we use the following general fact: for non-zero vectors \mathbf{x} and \mathbf{y} in a Hilbert space \mathcal{H} ,

$$\left\| \frac{\mathbf{x}}{\|\mathbf{x}\|} - \frac{\mathbf{y}}{\|\mathbf{y}\|} \right\| > \delta \quad \implies \quad |\langle \mathbf{x}, \mathbf{y} \rangle| < (1 - \varepsilon) \|\mathbf{x}\| \|\mathbf{y}\|. \quad (7.7)$$

In our setting, $\mathcal{H} = L^2(X, \rho^2)$, $\mathbf{x} = |q|/\rho^2$ and $\mathbf{y} = 1$. To make use of the above motif, we need to show that:

Lemma 7.1. *There exists a positive constant $\delta > 0$ so that*

$$\int_X \left| \frac{|q|}{\rho^2} - 1 \right|^2 \rho^2 dx dy > \delta^2 \int_X \rho^2 dx dy. \quad (7.8)$$

independent of the Riemann surface X and $q \in Q(X)$.

Proof. To prove the lemma, we first show that there exists a $\delta > 0$ such that

$$\int_{B(0,1/2)} \left| \frac{|h|}{\rho^2} - 1 \right|^2 \rho^2 dx dy > \delta^2 \int_{B(0,1/2)} \rho^2 dx dy, \quad \text{with } \rho = \rho_{\mathbb{D}}, \quad (7.9)$$

for any function h holomorphic in a neighbourhood of $\overline{B(0,1/2)}$. This follows from a simple compactness argument, since any potential minimiser h has bounded L^2 norm on $B(0,1/2)$, and ρ^2 is not the absolute value of any holomorphic function. One way to see this is to observe that $\Delta \log |h| = 0$ but $\Delta \log \rho^2 = 2\rho^2$ (the Poincaré metric has constant curvature -1).

Replacing $h(z)$ by $h(\gamma(z))\gamma'(z)^2$, $\gamma \in \text{Aut}(\mathbb{D})$ we see that the estimate (7.9) holds on any ball $B_{\text{hyp}}(z, R) \subset \mathbb{D}$ of hyperbolic radius $R = d_{\mathbb{D}}(0, 1/2)$. Choose a covering map $\pi : \mathbb{D} \rightarrow X$ and lift $\tilde{q} = \pi^*q$ to the disk. In view of equidistribution, to obtain (7.8), we take $h = \tilde{q}$ and average (7.9) over balls $B_{\text{hyp}}(z, R)$ whose centers lie on $\{z : |z| = r\}$ with $r \approx 1$. Taking $r \rightarrow 1$ completes the proof. \square

Remark 7.2. Note that Theorem 1.5 does not show that the limit sets $w^{t\mu}(\mathbb{S}^1)$ cannot be expressed as quasicircles of dimensions greater than $1 + (2/3)k(t)^2$, for t small, only that representations using *invariant* Beltrami coefficients are inadequate.

In fact, Kra's θ conjecture (proved by McMullen in [24], see [2] for a simple proof) implies that given an invariant Beltrami coefficient $\mu \in M_{\Gamma}(\mathbb{D})$, there necessarily exists a (non-invariant) Beltrami coefficient $\nu \in M(\mathbb{D})$ infinitesimally equivalent to μ with $\|\nu\|_{\infty} < \|\mu\|_{\infty}$.

8. DYNAMICAL ANALOGUE OF ASYMPTOTIC VARIANCE

In this section, we discuss the notion of asymptotic variance of a Hölder continuous potential from thermodynamic formalism. Using a global analogue of McMullen's coboundary equation [27, Theorem 4.5], we relate it to the notion of asymptotic variance of a Bloch function considered earlier. As an application, we obtain estimates for the integral means spectrum of univalent functions.

For concreteness, we work with a certain class of fractals arising from quasiconformal deformations of Blaschke products and leave the general case to the reader, see Remark 8.3.

8.1. Thermodynamic formalism. Let

$$B(z) = z \prod_{i=1}^{d-1} \frac{z - a_i}{1 - \overline{a_i}z}, \quad a_i \in \mathbb{D},$$

be a finite Blaschke product, which we think of as a map from the unit circle to itself. Let m denote the Lebesgue measure on the unit circle, normalised to have total mass 1. It is well-known that the Lebesgue measure is invariant under B , that is, $m(E) = m(B^{-1}(E))$.

For a Hölder continuous potential $\phi \in C^\alpha(\mathbb{S}^1)$ of mean zero, i.e. with $\int \phi dm = 0$, the “dynamical” asymptotic variance is given by

$$\text{Var}(\phi) := \lim_{n \rightarrow \infty} \frac{1}{n} \int_{\mathbb{S}^1} |S_n \phi(z)|^2 dm, \quad (8.1)$$

where $S_n \phi(z) = \sum_{k=0}^{n-1} \phi(B^{ok}(z))$. More generally, for $\phi, \psi \in C^\alpha(\mathbb{S}^1)$ with $\int \phi dm = \int \psi dm = 0$, one may consider the *covariance*

$$\text{Var}(\phi, \psi) := \lim_{n \rightarrow \infty} \frac{1}{n} \int_{\mathbb{S}^1} S_n \phi(z) \overline{S_n \psi(z)} dm. \quad (8.2)$$

To show that $\text{Var}(\phi)$ and $\text{Var}(\phi, \psi)$ are well-defined, one may use the exponential decay of correlations, [34, Theorem 4.4.9] or [28, Proposition 2.4],

$$\int_{\mathbb{S}^1} \phi(B^{oj}(z)) \overline{\psi(B^{ok}(z))} dm \leq K \theta^{k-j} \|\phi\|_{C^\alpha} \|\psi\|_{L^1}, \quad j \leq k, \quad (8.3)$$

for some $0 < \theta(\alpha, B) < 1$. In particular, the functions

$$\text{Var}_n(\phi) := \frac{1}{n} \int_{\mathbb{S}^1} |S_n \phi(z)|^2 dm \quad (8.4)$$

converge uniformly to $\text{Var}(\phi)$.

Following [27], we say that $h \in C^\alpha(\mathbb{S}^1)$ is a *virtual coboundary* of $g \in C(A(1, R))$, $R > 1$, if the difference $g(z) - g(B(z))$ extends to a continuous function on the unit circle and the extension coincides with h . We will need the following fundamental result about virtual coboundaries:

Theorem 8.1. [27, Theorem 4.1] *Suppose $h \in C^\alpha(\mathbb{S}^1)$, $0 < \alpha < 1$, of mean zero, can be expressed as a virtual coboundary $g(z) - g(B(z))$. Then the limit in the definition of $\sigma^2(g)$ exists and*

$$\frac{\text{Var}(h)}{\int \log |B'| dm} = \sigma^2(g). \quad (8.5)$$

Remark 8.2. By itself, the fact that h is a virtual coboundary does not guarantee that h has mean 0. For instance, if $B(z) = z^2$, then the constant function $h(z) = \log 2$ is a virtual coboundary of $g(z) = \log \frac{1}{|z|-1}$. Using arguments similar to those discussed in [27, Section 3], one can show the relation

$$\frac{\int_{\mathbb{S}^1} h(z) dm}{\int_{\mathbb{S}^1} \log |B'| dm} = \lim_{R \rightarrow 1^+} \frac{1}{2\pi |\log(R-1)|} \int_{|z|=R} g(z) |dz|. \quad (8.6)$$

8.2. Conformal maps with fractal boundaries. Suppose $\mu \in M_B(\mathbb{D})$ is an eventually-invariant Beltrami coefficient supported on the unit disk with $\|\mu\|_\infty < 1$. By solving the Beltrami equation, μ gives rise to a conformal map $H(z) = w^\mu(z)$ of the exterior unit disk. We may use the conjugacy H to transfer the dynamics of B to $H(\mathbb{S}^1)$, in which case the map

$$F = H \circ B \circ H^{-1}$$

is a dynamical system on the image curve $H(\mathbb{S}^1)$. Since μ is eventually-invariant, the map F is holomorphic in a neighbourhood of $\overline{H(\mathbb{D}^*)}$.

Associated to the map F , we define the potential

$$\psi(z) = \log F'(H(z)) - \log B'(z), \quad 1 - \varepsilon < |z| < 1 + \varepsilon. \quad (8.7)$$

$$= \log H'(B(z)) - \log H'(z), \quad z \in \mathbb{D}^*. \quad (8.8)$$

Observe that the two definitions are complementary to each other: the first definition makes sense near the unit circle, while the second definition is good in the exterior unit disk but does not work on the unit circle. To see the equivalence of the two definitions, it suffices to differentiate the conjugacy relation $F \circ H = H \circ B$.

The first definition implies that ψ is Hölder continuous on the unit circle. The virtual coboundary condition (8.8) together with the fact that $B(\infty) = \infty$ guarantee that

$$\int_{\mathbb{S}^1} \psi(z) dm = 0$$

by the mean-value theorem. Applying Theorem 8.1 gives

$$\frac{\text{Var}(\psi)}{\int \log |B'| dm} = \sigma^2(\log H'). \quad (8.9)$$

As was explained in the introduction, this identity completes the proof of Theorem 1.6.

Remark 8.3. The argument presented here (with some modifications) also applies to a wider class of fractals known as *Jordan repellers* (J, F) which are defined by the following conditions:

- (i) The set J is a Jordan curve, presented as a union of closed arcs $J = J_1 \cup J_2 \cup \dots \cup J_n$, with pairwise disjoint interiors.
- (ii) For each $i = 1, 2, \dots, n$, there exists a univalent function $F_i : U_i \rightarrow \mathbb{C}$, defined on a neighbourhood $U_i \supset J_i$, such that F_i maps J_i bijectively onto

the union of several arcs, i.e.

$$F_i(J_i) = \bigcup_{j \in \mathcal{A}_i} J_j,$$

(iii) Additionally, we want each map F_i to preserve the complementary regions Ω_{\pm} in $\mathbb{S}^2 \setminus J$, i.e. $F_i(U_i \cap \Omega_{\pm}) \subset \Omega_{\pm}$.

(iv) We require that the *Markov map* $F : J \rightarrow J$ defined by $F|_{J_i} = F_i$ is *mixing*, that is, for a sufficiently high iterate, we have $F^{\circ N}(J_i) = J$.

(v) Finally, we want the dynamics of F to be *expanding*, i.e. for some $N \geq 1$, we have $\inf_{z \in J} |(F^{\circ N})'(z)| > 1$. (At the endpoints of the arcs and their inverse orbits under F , we consider one-sided derivatives.)

This definition subsumes limit sets of quasi-Fuchsian groups and piecewise linear constructions such as snowflakes, see [22, 27, 34, 36]. Note that for some purposes, one can allow $\bigcup J_i$ to be a proper subset of J ; however, for connections to asymptotic variance, we must insist on the equality $J = \bigcup J_i$.

8.3. Dynamical families of conformal maps. Given $\mu \in M_B(\mathbb{D})$ with $\|\mu\|_{\infty} \leq 1$ as before, we may consider a natural holomorphic family of conformal maps $H_t(z) = w^{t\mu}(z)$, $t \in \mathbb{D}$. We denote the associated dynamical systems and Hölder continuous potentials by F_t and ψ_t respectively. In this formalism, $F_0 = B$.

If we restrict the parameter $t \in B(0, \rho)$ to a disk of slightly smaller radius $\rho < 1$, then Hölder bounds for quasiconformal mappings [5, Theorem 3.10.2] imply the uniform estimate

$$\left\| \frac{\psi_t(z)}{t} \right\|_{C^{\alpha}(\mathbb{S}^1)} < K(\rho), \quad \text{for some } 0 < \alpha < 1. \quad (8.10)$$

To prove Theorem 1.7, we consider the function

$$u(t) = \sigma^2 \left(\frac{\log H'_t}{t} \right), \quad t \in \mathbb{D}. \quad (8.11)$$

Observe that $u(t)$ extends continuously to the origin with $u(0) = \sigma^2(\mathcal{S}\mu)$. Indeed, the differentiability of the \mathcal{B} -valued analytic function $\log H'_t$ at the origin implies that

$$\left\| \frac{\log H'_t}{t} - \mathcal{S}\mu \right\|_{\mathcal{B}} = \mathcal{O}(|t|), \quad (8.12)$$

from which the continuity of u follows from the continuity of $\sigma^2(\cdot)$ in the Bloch norm.

Theorem 8.4. *The function $u(t)$ is real-analytic and subharmonic on the unit disk.*

In particular, Theorem 8.4 shows that there exists a $t \in \mathbb{D}$, with $|t|$ arbitrarily close to 1, for which $u(t) \geq u(0)$. Theorem 1.6 implies

$$\liminf_{\tau \rightarrow 0} \frac{\beta_{H_t}(\tau)}{\tau^2/4} \geq |t|^2 \sigma^2(\mathcal{S}\mu).$$

Taking the supremum over all eventually-invariant Beltrami coefficients μ , $|t| \rightarrow 1$, and using Theorem 6.2 gives Theorem 1.7.

Proof of Theorem 8.4. We utilise the connection between σ^2 and the dynamical asymptotic variance. It is easy to see that the functions

$$u_n(t) = \text{Var}_n(\psi_t(z)/t), \quad n = 1, 2, \dots$$

are subharmonic. By the decay of correlations (8.3), the $u_n(t)$ converge uniformly to u on compact subsets of the disk, hence $u(t)$ is subharmonic as well. The same argument can also be used to show the real-analyticity of u , for details, we refer the reader to [36, Section 7]. \square

8.4. Using higher-order terms. We now slightly refine the estimate from the previous section by taking advantage of the subharmonicity of the functions $\Delta^n u$ for $n \geq 1$. However, we do not know if these estimates improve upon Theorem 1.7, since the higher-order terms may be close to 0, when $\sigma^2(\mathcal{S}\mu)$ is close to Σ^2 .

Theorem 8.5. *One has*

$$\partial_t^j \bar{\partial}_t^k u(t) = \sigma^2 \left(\partial_t^j \frac{\log H'_t}{t}, \bar{\partial}_t^k \frac{\log H'_t}{t} \right), \quad t \in \mathbb{D}.$$

Proof. We prove the statement by induction, one derivative at a time. For the first derivative,

$$\partial_t \text{Var}_n(\psi_t/t) = \frac{1}{n} \int_{\mathbb{S}^1} S_n(\partial_t(\psi_t/t)) \overline{S_n(\psi_t/t)} dm.$$

Since $t \rightarrow \psi_t/t$ is a bounded holomorphic map from $B(0, \rho)$ to the Banach space $C^\alpha(\mathbb{S}^1)$, the derivative $\partial_t(\psi_t/t)$ is Hölder continuous, in which case, the decay of correlations gives the convergence

$$\partial_t \text{Var}_n(\psi_t/t) \rightarrow \text{Var}(\partial_t(\psi_t/t), \psi_t/t), \quad \text{as } n \rightarrow \infty.$$

To justify that $\partial_t \text{Var}(\psi_t/t) = \text{Var}(\partial_t(\psi_t/t), \psi_t/t)$, it suffices to use the well-known fact that if a sequence of C^1 functions F_n converges uniformly (on compact sets) to F , and the derivatives F'_n converge uniformly to G , then necessarily $F' = G$. One may compute further derivatives in the same way. \square

Leveraging the subharmonicity of the functions $\Delta^n u$ (which follows from the previous theorem by taking $j = k = n$), the Poisson-Jensen formula for subharmonic functions [37, Theorem 4.5.1] gives

$$\limsup_{r \rightarrow 1} \frac{1}{2\pi} \int_{|z|=r} u(z) |dz| \geq u(0) + \sum_{n=1}^{\infty} c_n^{-1} \cdot \Delta^n u(0), \quad (8.13)$$

where $c_n = \Delta^n(|z|^{2n})$. As noted earlier, $u(0) = \sigma^2(\mathcal{S}\mu)$ while

$$\frac{\Delta u(0)}{4} = \sigma^2\left(\mathcal{S}\mu\mathcal{S}\mu - \frac{1}{2}(\mathcal{S}\mu)^2\right)$$

as the Neumann series expansion (3.2) shows. The Beltrami coefficient μ from Lemma 5.5 (with the choice of degree $d = 16$) gives the value

$$\liminf_{\tau \rightarrow 0} \frac{B(\tau)}{\tau^2/4} \geq \sigma^2(\mathcal{S}\mu) + \sigma^2\left(\mathcal{S}\mu\mathcal{S}\mu - \frac{1}{2}(\mathcal{S}\mu)^2\right) > 0.893.$$

Using further terms, and playing around with the parameters (d, ρ_0, n_0) , we were able to (rigorously) obtain the lower bound 0.93 with the help of Mathematica to automate the computations.

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LE STUDIUM[®], LOIRE VALLEY INSTITUTE FOR ADVANCED STUDIES, ORLÉANS & TOURS, FRANCE; MAPMO, RUE DE CHARTRES, 45100 ORLÉANS, FRANCE; DEPARTMENT OF MATHEMATICS AND STATISTICS, UNIVERSITY OF HELSINKI, P.O. Box 68, FIN-00014, HELSINKI, FINLAND

E-mail address: kari.astala@helsinki.fi

DEPARTMENT OF MATHEMATICS AND STATISTICS, UNIVERSITY OF HELSINKI, P.O. Box 68, FIN-00014, HELSINKI, FINLAND

E-mail address: oleg.ivrii@helsinki.fi

DEPARTMENT OF MATHEMATICS AND STATISTICS, UNIVERSITY OF HELSINKI, P.O. Box 68, FIN-00014, HELSINKI, FINLAND

E-mail address: antti.i.perala@helsinki.fi

DEPARTMENT OF MATHEMATICS AND STATISTICS, UNIVERSITY OF HELSINKI, P.O. Box 68, FIN-00014, HELSINKI, FINLAND

E-mail address: istvan.prause@helsinki.fi